THE POSIE OF GODLY PRAYERS, FIT FOR every Christian to use

Contayning only Prayers of *Repentance, remission of Sinnes, and* Thankesgiving, with an excellent exhortation to forsake the World: and a perswasion not to feare Death.

Made and collected by *Nicholas Throckmorton* Esquire, one of the Queenes Majesties Gentlemen Sewers.

Now newly amended, and enlarged by the same Author, and the twentie and ninth time imprinted.

Vigilate & Orate.

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1638.

BRITISH
MUSEUM

TO

THE MOST High and Mightie Princesse *Anne*, Queene of *England*, *Scotland*, *France* and *Ireland*.

KNowing that zealous prayer and Supplication to God, is the soules effectuall conference with God, most prevalent for the remission of sinnes,

and the principall meane, to reach, and give from God to us all graces and benefits, for our soules and bodies in this life temporall, and in the World eternall: and because I find no Prayer-Book composed onely of Praier and thankesgiving, therefore to avoid the trouble of reading many, the cumber of keeping many, & most of all the burthen of bearing many, I have collected the best Praiers for Repentance, Remission of sinnes, and Thankesgiving, and added new of mine own, which in most zealous humblenesse, and dutifull obedience,

ence, I preſent unto your moſt excellent Majeſtie, beſeeching your Highneſſe to accept this, as the great Monarch ARTAXERXES the poore Womans hand of water, wherin I ſhall account my ſelfe moſt happie, and ever remaine as I am;

Your moſt faithfull and obedient ſervant,

NICHOLAS TREMYLTHORP.

To the Reade

AS I have (*Gentle Reader*) ſpent my former time in worldly matters, ſo am I deſirous to ſpend theſe latter daies in godly and Chriſtian exerciſes: And being moved to begin with *Prayers*, as the moſt principall exerciſe, and great meanes of mans ſalvation, I read over divers *Prayer Bookes*, but I found none onely of *Prayer* and thankeſgving, but many other matters in them. And for that my ſelfe, and ſome of my friends are deſirous to have one onely Booke to beare about us:

I have therfore ſet out ſuch as ſerve to that purpoſe.

T' children of God have ever from the beginning uſed prayer for the ſupply of their corporall, and ſpirituall neceſſities, & have ever graciouſly obtained their petitions, as well for themſelves as others. Hagar *by prayer had drinke for her ſonne,* Anna *by prayer obtained a ſon,* Iſaac *a wife,* Iacob *defence,* Moſes, David, Iehoſaphat, Ezekias, Macabeus, *and divers others attained victory: The* Ninivites *deliverance from deſtruction: At the prayer of* Ioſhua *the Sunne ſtood ſtill: ſo ſtayed the Sun three houres in the daies of* Henry *the fifth, till the Earle of* Ormonde *in* Ireland *with his ſmall company overcame* Omore, Aſhur, *& others with their terrible armies. At the prayer of* Alexander, *the* Caſpian *Mountaines cloſed, & in-*

cloſed

cloſed the Iewes: *and the Sea* Pamphilicon *divided it ſelfe to him and his Armie, at their paſſage againſt* Darius. Clenches *firſt Emperour of the* Tartars, *conquered all the kingdomes to mount* Belian, *and then a Knight on a white horſe came to him and bad him conquer beyond that mountaine:* Clenches *ſaid, he could paſſe no further for the Sea, then the knight bad him pray to God almightie, and hee would ſhew him a way; So* Clenches *prayed on the Mountaine, and as hee was in his prayers, he ſaw the Sea divide it ſelfe, where he and his Armie paſſed through on dry ground, then he conquered* Cathea, *& all the bordering Countries. At the prayer of the Chriſtians, and a poore* Cobler, *a Mountain in* Moſul *removed from one place to another, whereby the Chriſtians avoyded the cruel ſentence of the unbelie-*

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ving Calipho: *By Prayer iron hath ſwome, the dead hath riſen, and all other wonders effected, and of all Gods gracious gifts, it is one of the chiefeſt. Alſo God commands us to call upon him, as when he ſaith, aske and you ſhall have, watch and pray, pray continually: the Lord is nigh to them that call upon him; yea, unto all ſuch as call upon him faithfully. Pray earneſtly to God, for forgiveneſſe of ſinnes with full purpoſe of amendment.*

There are foure ſorts of men to pray, ſome pray for others and not for themſelves, theſe are too proud and careleſſe: Some pray for themſelves and not for others, theſe are too uncharitable: Some neither pray for themſelves nor for others, theſe are too bad and unchriſtian: Some pray for others, and themſelves, theſe are the beſt and godlieſt.

In

In prayer obſerve theſe five things: firſt, that you direct your mind to God; next, that we are commanded to pray; thirdly, the promiſe that he wil heare us when we pray, then that we muſt pray in faith: laſtly, to believe to obtaine the thing wee pray for: let us alwaies pray, not with lip-labour, but with hearty affection, in ſpirit, faith, and truth, firſt give thankes, then pray for remiſſion of ſinnes, faith, and all ſpirituall things: laſtly for corporall bleſſings, and things belonging to it. Pray for things eternall, ſpirituall, corporall, things preſent, and to come, for thy ſoule and body, and to bee crowned with everla-ſting Glory.

THE POSIE OF Godly Prayers.

At thy uprising say;



Rise, and enter into this day, to glorifie my God, and walke in my vocation, in the Name of the Father, Sonne, and Holy Ghost, Amen.

Then pray thus.

A Prayer for the Morning.

O Gracious Lord, and most mercifull Father, which hast from the beginning of my age hitherto delivered mee from all perills and dangers, both of soule-

ſoule and body, for which I moſt heartily thanke thee, and yet becauſe I feele in my ſelfe ſo many faults & imperfections, ſuch readineſſe to evill, and ſlackneſſe to doe good, I quake and tremble for feare of thy wrath and ſharpe Iudgement: but for that I know thou commandeſt me by prayer to crave of thee all things neceſſarie for ſoule and bodie, and haſt promiſed graciouſly to heare my lamentable ſuite, and mercifully to grant me my needfull requeſts and petitions, and I know thou canſt and wilt performe them, therefore for Ieſus Chriſt his ſake, and in his bleſſed and holy name, and for thy mercie and truths ſake, I humbly beſeech thy Fatherly goodneſſe, to grant mee all things for this bodie and tranſitory life, as ſhall be moſt agreeable

greeable to thy godly will, and pleasure: and I humbly beseech thee, that I may alwaies pray in charitie, use thy gracious gifts & benefits in charitie, and leade my whole life and conversation in charitie, that I may daily thorow the assistance of thy holy spirit, mortifie all my carnall lusts, and filthy affections: prosper me & mine in all our honest affaires, increase thy good gifts in mee, and confirme, and establish me in thy grace, that I may goe forward in all goodnesse, & with an humble and contrite heart, and with a sorrowfull and repentant spirit, I sue unto thee, most mercifull Father, beseeching thee for mercy and forgivenesse of all my offences, which in this night past or at any time heretofore, I have committed against thy good will

and

and pleaſure by treſpaſſing againſt thy godly Majeſtie, in thought, conſent, word, or deed; and I moſt heartily thanke thee, that thou haſt preſerved me this night paſt, and all the daies of my life hitherto, from all death, danger, and other miſchiefe, and I beſeech thee bleſſed Father, that thou wilt vouchſafe this day, and ever hereafter to have a mercifull eie unto me, ſupport and ſuſtaine me, beare me up, & ſave me that I fall not into danger, nor breake thy commandements, give mee grace to walk warily among the ſnares of my mortall enemies, the Devill, the World, and the Fleſh, and in all things to be prudent, and diligent to conſider before what I ſhall ſpeake or do, that my whole thoughts, words, and workes, may bee to thy honour,

nour, laud, and glorie, to the edifying of my ſoule in vertue, and to the profit of my brethren, throw the gracious mediation of Ieſus Chriſt my Lord and onely Saviour, Amen.

Another Prayer for the Morning.

O Mercifull Lord God, I render moſt high laud, praiſe, and thankes unto thee for that thou haſt preſerved, and kept mee both this night, and all the daies, and times of my life hitherto, under thy moſt mightie protection, and haſt ſuffered me to live untill this preſent houre, I moſt humbly beſeech thee that thou wilt vouchſafe to receive me this day, and the reſidue of my whole life into thy tuition, ruling, and governing

verning me with thy holy Spirit, that all manner of darkenes, misbeliefe, infidelitie, carnall lusts, and affections, may be utterly chased, & driven out of my heart, and grant me a right and perfect faith, that I may be justified, and saved both soule and body, and let mee walke in the light of thy most godly truth, to thy glory and praise, to my comfort, and my neighbours furtherance, through Iesus Christ my Lord and Saviour, Amen.

A Prayer for the Morning.

O Eternall God, and heavenly Father, seeing that by thy great mercie, I have quietly passed this night, grant I beseech thee, that I may bestow this day, and the residue of my life wholly

ly in thy ſervice, ſo that all my thoughts, words, and workes may redound to the glorie of thy holy name, and good example of my brethren: as it hath pleaſed thee, to make the Sunne to ſhine upon the earth to give us bodily light, ſo vouchſafe to illuminate my underſtanding, with the brightneſſe of thy holy Spirit to direct me in the way of righteouſneſſe, ſo that whatſoever I ſhall doe, my ſpeciall care and purpoſe may bee to walke in thy feare, and to ſerve and honor thee, and that I may take no thing in hand, which ſhall not be agreeable to thy moſt bleſſed wil and that I may in ſuch ſort travell for my bodie, and this preſent life, that I may ever have a regard to the heavenly life, which thou haſt promiſed to thy Children:

dren: and that it may pleaſe thee to preſerve and defend me, both in body and ſoule, to ſtrengthen me againſt all temptations of the devill, to keepe me from all ſins, and deliver mee from all perils, and dangers whatſoever. And furthermore, I beſeech thee to receive mee this day, and the reſidue of my whole life, into thy holy protection, continuing and increaſing in me daily thy grace, and good gifts, and (vouchſafe moſt mercifull Father) to forget and forgive all my ſinnes, which I have heretofore at any time committed againſt thee, and for thy infinite mercies ſake pardon and forgive the ſame, for which & for all things elſe, which I any way ſtand in need of, I make my humble Petition unto thee, in the name of thy Sonne, my Lord and

and Saviour Ieſus Chriſt, in ſuch ſort as he hath taught me, ſaying, *Our Father which art, &c.*

Another Prayer for the morning.

ALmightie and moſt gracious God, I heartily thanke thee, for the ſweete ſleepe and comfortable reſt, which thou haſt given mee this night paſt, and for that thou haſt commanded by thy holy Word, that no man ſhould be idle, but alwaies occupied in godly and vertuous exerciſes, every man according to his calling, I moſt humbly beſeech thee, that thine eies may attend upon mee; daily defend mee, cheriſh, comfort, and governe mee, and all my counſels, ſtudies, and labours, in ſuch wiſe, that I may ſpend, and beſtow this

this day, and the residue of my whole life, according to thy most blessed will and pleasure, setting thee alwaies before mine eies; living in thy feare, and working that, that may be found acceptable in thy sight, hating wrong, & loving justice. Also I beseech thee most merciful God, to strēgthen and keepe me in the faith of thy Catholike Church, and kindle in me the love, and light of thy holy spirit, that I may walke godly and vertuously in this life, die in the truth of thy word, and live with thee in everlasting glory, grant this most merciful God, for thy deare Sonne Iesus Christ his sake, Amen.

Another Prayer for the Morning.

I Humbly and heartily thanke thee O heavēly father, through thy dearely beloved Sonne Ieſus Chriſt, that to thy innumerable benefits hitherto powred upon my Soule and bodie, thou haſt kept mee this night paſt, and all the daies and time of my life hitherto, from all evills, ſpirituall and corporall: wherefore I beſeech thee to be mercifull unto mee, to give mee grace to repent and amend my ſinfull life, that I may live henceforth not as I will, but as thou wilt: and as of thy goodneſſe thou haſt given me time to repent and live godly, ſo of the ſame thy goodneſſe in Chriſt Ieſus, I humbly beſeech thee to give me thy gracious gift

of true, holy, perfect, & perpetual repentance, that I may more and more lament my former sinneful life, trusting faithfully in thy rich mercies, through the merits of Iesus Christ: for the pardon of all my sinnes, and that I may unfainedly purpose, and effectually labour to amend my life, and that all my thoughts, words, & deeds, may be to the praise of thy holy name, and good example of others. And for as much as thou knowest my ignorance, wickednesse, and unablenes to carry any crosse or affliction, I beseech thee sweet Father, so governe and order all things towards me, that I be never further afflicted, prooved or tempted, then thou wilt make mee able to beare, and so assist and helpe mee in the same, as may be to thy glory, and my salvation,

ſalvation, through Ieſus Chriſt my Lord and Saviour, Amen.

A Prayer for the Morning, by a Sinner, acknowledging his ſins, and asking forgiveneſſe for the ſame.

ALmighty, mercifull, & moſt loving Father, whoſe love is infinite, whoſe mercy endureth for ever. I ſinfull creature, truſting in thy unſpeakeable goodneſſe, and love towards mee, doe appeare this morning before thy divine Majeſtie, moſt humbly confeſſing my great , and manifold ſinnes, and offences, that I have committed againſt thee, and the innumerable tranſgreſſions of thy moſt godly Commandements, and Fatherly will: againſt thee, O Father, a-

gainſt thee onely have I ſinned: I acknowledge my offences, I accuſe my ſelfe, O Lord, I cannot hide my unrighteouſneſſe from thee, I finde in my ſelfe nothing but diſobedience, doubtfulneſſe of thy goodneſſe, incredulitie, hatred of ſpiritual things, confidence in my ſelfe, and fervent luſting after carnall things; therefore I humbly beſeech thy fatherly goodneſſe, for thy Sonne Chriſt his ſake (whom thou haſt ſent for a purchaſer of mercie for me, through faith in his bloud) take away my hard heart, make mee a cleane heart, and give mee a true and lively faith: have mercie upon mee, O Lord my Saviour; forgive mee my ſinnes, O Lord, forgive me my ſinnes for thy Sonnes ſake. O God and mercifull Lord, certifie my conſcience

ſcience of the remiſſion and forgiveneſſe of my ſins by thy holy Spirit, by whoſe operation mortifie in me the old man, and body of ſinne, that I may die unto ſin, and walke in newneſſe of life, to the glory of thy holy Name, through Ieſus Chriſt my Lord and Saviour, *Amen.*

A Prayer for the Evening.

I Thanke thee O heavenly Father, by thy dearly beloved Son Ieſus Chriſt my Lord and Saviour, that of thy free mercies thou haſt preſerved me this day, from all hurts and dangers: vouchſafe alſo I moſt humbly beſeech thee to keepe me this night, and ever hereafter, to ſave me from all my enemies, doth bodily and ghoſtly: give my body quietneſſe and

Keepe, but let my mind and soule cõtinually watch unto thee, think on thee, and thy holy law, that when the cheerefull light of the day shall appeare, I being whole in body and soule, may joyfully rise againe, and be thankfull unto thee, and diligently walke in my vocation, to my comfort, and the glory of thy blessed name, through Iesus Christ my Lord, and Saviour, Amen.

A Prayer for the Evening.

O Most gracious Lord, and mercifull Father, I thy most unworthy child, and sinfull creature, with humble heart prostrate my selfe before thy divine Majesty, most humbly beseeching thee of mercy, and forgiveneſſe of my sinnes, and iniquities that

I have this day, or at any time ſince I was borne, committed againſt thee; I am heartily ſorrie that I have many waies tranſgreſſed againſt thee, and doe aske mercie and forgiveneſſe for the ſame. And with my whole heart I heartily thanke thee that of thy great goodneſſe, mercie, and grace, thou haſt hitherto moſt ſafely preſerved mee. And I beſeech thee moſt mercifull Father, be no more angry with mee, nor forſake mee; but continually aſſiſt comfort, and ſtrengthen mee againſt all the aſſaults of the divel, and bee my ſuccour and defence this night, and unto my lives end, that I never offend thy divine Majeſtie; or commit any ſinnes, or iniquitie; and vouchſafe of thy aboundant bountifulneſſe, to refreſh my weake bodie with con-

venient reſt, that I may to morrow with all diligence, the more readily ſerve thee in that eſtate wherein thou haſt ſet me, that all my actions may ſo pleaſe thee, and by thy aſſiſtance bee governed, that after this vaine and tranſitory life, I may attaine the life everlaſting, through Ieſus Chriſt our Lord and Saviour, *Amen.*

A Prayer for the Evening, and forgiveneſſe of ſinnes.

I Yield thee moſt humble and hearty thankes (O heavenly Father) for all thy graces, and benefits that I have at all times heretofore received at thy bountifull hands, from the beginning of my life unto this preſent houre, and for the great benefit of my election before the foundation

dation of the world; for my creation, redemption, justification, and sanctification in Christ Iesus, for sparing me so long, & giving me so large a time of repentance, delivering me from all perils, bodily and ghostly, for drawing me out of darkenesse, and bringing me to the light of thy Word, for defending mee from all dangers past, and protecting mee untill this present houre: and I most humbly beseech thee of thy goodnesse, O Lord, that it may please thee to take care and charge of mee this night, and all the dayes and times of my life hereafter, not to suffer me to sleepe & slumber in sinne, and ungodlinesse, but that I may be alwayes watchfull and carefull for the comming of my Lord & Saviour Iesus Christ, that whensoever hee shall come,

hee may finde me prepared to receive him, and that I may heare, and enjoy that comfortable ſentence, *Come yee bleſſed of my Father, inherite the Kingdome prepared for you*: to the which, Lord Ieſus Chriſt, I beſeech thee to bring mee, who haſt ſo dearely bought mee; to whom with the Father, and the holy Ghoſt, be all honour, power, praiſe, glorie, and dominion, both now, and for evermore, Amen.

Another prayer for the Evening.

MOſt mercifull God and tender Father, which beſide thy moſt ineſtimable mercies, given and beſtowed upon me, in making me, in redeeming mee by the death of thy deare Sonne Ieſus Chriſt,

in

in calling mee to the knowledge of thy blessed Word, in keeping mee in thy holy Church, and in thy most gracious governing mee, and all things hitherto; for my wealth and commoditie, which hast also most fatherly cared for mee, and hitherto kept mee from all dangers, both of soule and bodie, giving mee health, food, apparell, and all other things necessarie; for the comfort and succour of this poore and miserable life, which many other want: for these, and all other thy good gifts, and gracious benefits, which of thy onely goodnesse, and fatherly providence, thou hitherto hast, and now dost powre vpon mee; I most humbly thanke thee, and praise thy holy Name, beseeching thee to forgive, hide, and

bury all my sinnes which at any time heretofore I have committed against thy holy Commandements: & I beseech thee to grant mee the guard of thy good Angels, to keepe me this night, and evermore, and grant good Father that when I shall sleepe in death my body may rest temporally, and my soule live with thee eternally, to thy glory, and my joy, through Iesus Christ my Lord, *Amen.*

A Prayer for the Evening.

O Eternall God, and most mercifull Father, who this day, and all the times of my life hitherto, hast graciously defended, nourished, and preserved my soule, and body; and of thy loving kindnesse hast most father-

ly

ly provided for mee, a poore ſinner, not onely in giving mee a rich portion of thy creatures, but alſo in that plentifull redemption, which thy moſt deare Sonne Ieſus Chriſt hath purchaſed for mee: grant unto me, O mercifull Father, the aſſiſtance of thy grace and holy Spirit, that though my body take the naturall reſt, yet my ſoule and mind may behold thy goodneſſe toward mee, be ioyfull in thee, and receive ſuch inward pleaſure, and heavenly ſweetneſſe in thy love, that whatſoever I ſhal henceforth thinke, ſpeake, or doe, it may bee all to the honour of thy holy name. And let thy mighty hand and out-ſtretched arme, O Lord, be ſtil my defence, thy mercy and loving kindneſſe, in Ieſus Chriſt thy deare Sonne, my ſalvation;

thy

thy true and holy Word my instruction, thy grace and holy spirit, my comfort and consolation unto the end, and in the end, through Iesus Christ my Lord and onely Saviour, Amen.

When you goe to bed say, I lay mee downe to rest, in the name of the Father, the Sonne, and the holy Ghost.

Then pray thus.

O Merciful Lord God, heavenly Father, whether I sleepe, or wake, live, or die, I am alwaies thine; wherfore I humbly beseech thee that thou wilt vouchsafe to take care and charge of mee this night, and at al times hereafter, & not to suffer mee to perish in the works of darkenesse, but to kindle the light of thy Spirit in my heart,

heart: thy godly knowledge may daily increaſe in me, through a right and pure faith, and that I may alwaies walke and live after thy good will and pleaſure, through Ieſus Chriſt my Lord and Saviour, Amen.

A Prayer before wee ſettle our ſelves to our devotions.

O Moſt gracious God, give mee leave to preſent my ſelfe before thy Divine Majeſtie, and to powre out my unworthy praiers unto thee: in the multitude of thy mercies, O Lord, I come to make manifeſt my neceſſities (as a poore and needie wretch) unto a God of infinite glorie: I come as a worme to my Soveraigne Maker: I come as a hainous offender, to a juſt and ſevere

ſevere Iudge; thou O God promiſeſt that who ſo asketh, ſhall receive, who ſo ſeeketh ſhall find; grant mee therefore grace to pray unto thee, as my dutie, and thy deſert requireth: grant mee a pure intention, a fervent devotion, that with humble heart, firme hope, and perfect charity, I may effectually pray unto thee, and aske of thee that which thou ſeeſt moſt for thy glory, and my good. O mercifull Lord helpe me to pray worthily, that thou mayeſt graciouſly grant my petitions: defend my weake heart from ghoſtly aſſaults, and ſo fixe my minde upon thee, that I be not carried away from conſideration of thy preſence: grant mee attentively to apply my thoughts, and to bee wholly raviſhed and poſſeſſed with zeale and true

true devotion. Grant me to aske forgiveneſſe with deepe contrition, and full purpoſe of amendment: afford O Lord, ſuch comfort to my ſoule, as thou ſeeſt fit for mee, and by the aſſiſtance of thy Spirit, inſpire thy good motions into me, that I may feele them forcibly, accept them thankfully, and fulfil them effectually; & that I may devoutly pray unto thee with true repentance; appeaſe thee, and for ever dutifully to ſerve thee, through Ieſus Chriſt my Saviour, *Amen.*

A generall confeſſion of ſinnes.

ALmightie God and heavenly Father, I confeſſe and acknowledge, that I am a miſerable and a wretched ſinner, and have many wayes moſt grievouſly tranſgreſſed thy moſt godly com-

commandements, through wicked thoughts, ungodly lusts, sinfull words & deeds, in my whole life. In sin was I borne and conceived, and there is no goodnesse in mee, that without thy mercie I should perish for ever; so little helpe, comfort, succour, is there either in me, or in any other creature: onely this is my comfort, (O heavēly Father) that thou didest give thy dearly beloved Son to the most vile, bitter, and slanderous death of the Crosse for me, that he might so pay the ransome for my sinnes, satisfie thy judgement, still and pacifie thy wrath, reconcile me againe unto thee, and so purchase mee thy grace, favour, and everlasting life, wherfore through the merit of his most bitter death and passion, and through his innocent bloud-

shedding

ſhedding: I beſeech thee, O heavenly Father, that thou wilt vouchſafe to bee gracious and mercifull unto mee, to forgive and pardon mee all my ſinnes, to lighten my heart with thy holy Spirit, to renew, confirme, and ſtrengthen mee with a right and perfect faith, and to enflame mee in love toward thee, & my neighbour: that I may henceforth walke as it becommeth mee, in thy moſt godly commandements, and ſo glorifie and praiſe thee everlaſtingly: grant me further O Father, that I may have a quiet heart and conſcience, and that I may in all temptations, afflictions, neceſſities, and in the very pangs of death, truſt faithfully in thee, and in thy mercies. And for that thou haſt commanded mee to pray unto thee, I humbly

humbly beseech thee, for all things needfull for mee, and pray unto thee, as thy Sonne himselfe hath taught me, saying, *O our Father, &c.*

A Prayer of thankesgiving, remission of sins, necessities in this life, and life everlasting.

O God of Abraham. Isaac, and Iacob, thou God of pity & all mercy, have mercy upon mee a wretched sinner, and forgive me (I most humbly beseech thee) all my sinnes and offences, that I have ever committed against thee: blot out all my misdeeds, renew a right heart, & create O God, a new spirit within mee. I thanke thee O heavenly Father, for all thy blessings and benefits which thou hast bestowed upon me,

me, continue, multiply, and increaſe thy good bleſſings upon mee: ſtretch out thy hands of bounty over mee, and with thy eyes of mercy looke upon mee; ſend mee (O Lord) a ſufficient living, make mee beneficiall to all, and not chargeable unto any; bleſſe mee good Lord, and give mee grace to live godly, and vertuouſly, and raigne with thee everlaſtingly: deliver me from all troubles, diſcontents, and worldly calamities: take mee, O Lord, into thy owne tuition: bleſſe proſper, and protect all my proceedings: let whatſoever I take in hand bee good: and let that come to a happie and ſucceſſive end: let mee have a care not to doe any thing that ſhould offend thee, but let my whole deſire bee to doe thoſe things that may

pleaſe

pleaſe thee, ſend O Lord, thy Angel from heaven to governe mee, and to deliver mee (as hee did thy ſervant *Tobias*) from all dangers: ſend O Lord, thy grace from heaven to guide me, and thy wiſedome from the higheſt heavens to teach and direct mee: let mee not any more fall into ſinne through frailtie; but ſo bleſſe me with thy bleſſings, that I may never offend thee, but that I may early and late, night and day, and at all times & ſeaſons give praiſe and thankes to thy heavenly Majeſtie: that I may live in this world, to thy glory, & my comfort; and raigne with thee in everlaſting glory, in the world to come. Heare O Lord, theſe my praiers, & for thy moſt deare mercies ſake, and for my ſweet Saviour Ieſus Chriſt his ſake,

grant

grant my petitions. To thee O God the Father, Sonne, and holy Ghoſt, be all honour, dominion, power, and glory, now, and for ever, world without end, Amen.

A Prayer for forgiveneſſe of ſinnes, with a confeſſion of his faith.

O Lord God Almightie, and Father of my Saviour Ieſus Chriſt, I moſt earneſtly beſeech thee, for thy fatherly goodneſſe, and mercy, to pardon and forgive mee all my ſinnes and offences, and through thy bountifull goodneſſe and mercie, deliver me from all thoſe ſinnes and offences, which by my frailtie, or any way elſe, I ever committed againſt thee: for I confeſſe and acknowledge, that I am a miſerable, and wretched ſinner, and have

have many waies moſt grievouſly tranſgreſſed thy moſt godly will and Commandements: through wicked thoughts, ungodly luſts, ſinnefull words, and deeds in my whole life. In ſin was I borne and conceived, and there is no goodneſſe in mee, therefore through the merits of the bitter death and paſſion of thy beloved Sonne Ieſus Chriſt my Saviour, and through his innocent bloud-ſhedding, I beſeech thee, O heavenly Father, that thou wilt vouchſafe to bee gracious and mercifull unto mee, to forgive and pardon mee all my ſinnes and offences, to lighten my heart with thy holy Spirit, to renew, confirme, and ſtrengthen me, with a right and perfect faith: enflame in mee love toward thee and my neigbour, that

that I may walk with a glad heart in thy commandements, and glorifie, and praise thee everlastingly and that I may with a cleare conscience, and quiet, and cheerefull heart, in all temptations, afflictions, or necessities, crie unto thee earnestly, and say, Lord have mercie upon me a sinner, &c.

A godly Prayer for forgivenesse of sinnes, and all things needfull for soule and bodie.

O Omnipotent, eternall, and everliving God, which hast made heaven, and earth, the sea, and all things contained in them: thou onely maker of all things, preserver and helper of them: with thy Sonne my Lord Iesus Christ, and the Holy Ghost: O most wise, merciful, good, strong,

and righteous Iudge, which hast saidthou wilt not the death of a sinner, but that he convert and live: I thy poore creature and worke of thy hands,doe acknowledge and confesse my manifold sinnes and offences, which from my youth untill this time, in thought, word, and deed, I have most grievously committed against thee, and am most heartily sorrie for the same, desiring thee for Iesus Christ his sake, to have mercy upon mee; and according to thy great mercy forgive mee all my offences. O Lord, I confesse and acknowledge that I was borne in sinne, and conceived in wickednesse, & in my flesh dwelleth nothing that is good, and of my selfe I am not able to thinke a good thought, much lesse to wish, and least of all to doe as I ought,

ought therefore O Lord, I call to thee for grace, which haſt promiſed to heare them that call upon thee: aſſiſt O God, and guide me with thy holy Spirit, draw me unto thee, make me, O Lord, poore in ſpirit, vile, and low in my owne ſight, give me thy grace that whenſoever I be drawne into any ſinne and wickedneſſe, either in thought, word, or deed; that I may feele my owne infirmitie and weakeneſſe, and that I may with ſpeedie repentance turne unto thee. Take from mee my ſtonie, blind, unbelieving, doubtfull, unfathfull, and unthankefull heart, my carnall, idle, ſecure, and impenitent heart, and give me a heart to feare thee, love thee, and truſt in thee: write thy law in my heart and mind, let me believe, truſt, and live in

thee for ever, deliver me from the ſpirit of pride, vaine-glory, hautineſſe of mind, preſumption, ſelfe-love, and truſt in my ſelfe. Take from me, O Lord, the wicked ſpirit of ſuſpition, envie, jealouſie; grudging, whiſpering, or backe-biting: keepe mee from wrath, malice, hatred, lying, evill words, contention, flattering, diſſimulation, hypocriſie, blaſpheming, vaine ſwearing, lightneſſe, idle words, and all unſtablenes of heart: deliver me O Lord from all filthineſſe both of the fleſh and ſpirit, from uncleane thoughts, unlawfull deſires, evill concupiſcence, and luſts of the body. Take from me covetouſneſſe, and care of riches, all deceit, and guile, all idleneſſe and ſloth, and give mee not over to an unſhamefaſt and obſtinate mind.

Make

Make mee able to beare wrongs with patience, and not recompence evill for evill. Make mee loath to give occaſions of evill to any, and if I doe, make mee willing to confeſſe my fault, and amend it. Take from me, O Lord, a careful heart of worldly things, and grant that neither pouertie oppreſſe me, nor riches lift me up to forget thee; but in proſperitie make me thankefull and patient, and humble in adverſitie: Lord make me merrie without lightneſſe, ſad without miſtruſt, ſober, without dulneſſe, true without doubleneſſe, fearing thee, without deſperation, truſting in thee without preſumption: give mee O Lord, the ſpirit of humbleneſſe, meekeneſſe, ſimplicitie, gentleneſſe, goodneſſe, faithfullneſſe, and truth: grant mee O

God the bowels of mercie, and loving kindneſſe to my brother, long ſuffering, and patience, to beare all things well that thou ſhalt lay upon mee: regenerate my heart with the ſpirit of grace continually: and grant mee an inward feeling of thy favour and mercie toward mee, in Ieſus Chriſt my Lord, that I may know thee to bee my God and Father, and mee thy child for ever: O Lord encreaſe my faith in thee, and in Ieſus Chriſt my Redeemer, confirme my hope in thy promiſes, make perfect my love towards thee, give me a true and unfained love to all vertue, and godlineſſe, increaſe in mee O Lord, ſtrength, and victorie againſt all temptations, and aſſaults of the devill, the fleſh, the world, and the vanities thereof, give

give mee grace to keepe a good conſcience: give me a pure heart and mind, and renew a right ſpirit within me, give mee the true underſtanding of thy holy word, that I never ſwerve from the truth thereof, and that my chiefe felicitie may be in the ſame, and in hearing, reading, talking, watching, praying, faſting, mortifying, and ſubduing my owne will and members. O gracious Lord Ieſus Chriſt, Sonne of the living God, which waſt crucified, & raiſed againe for me, and all other: which ſitteſt on the right hand of the Father, and art appointed the only Mediator for me unto God, have mercie upon me, pray to thy heavenly Father for mee, ſanctifie me with thy holy Ghoſt, as thou haſt promiſed, & ſend the ſpirit of truth to abide

with me for ever, kindle my mind and heart with thy holy Spirit, that I may truely believe in thee, acknowledge and call upon thee, give thankes unto thee, and obey thee: for I feele my selfe so charged with sinnes and infirmities, that I know not what to doe, but offer up my self wholly unto thy mercie, to be reformed according to thy good will and pleasure. O eternall, most mightie, and everlasting God, governe and keepe me, lighten me alwaies with thy Gospel, rule, and confirme my heart, with thy holy Spirit, and governe my studie, powre on me thy Spirit of grace, and praier, make mee Lord happie, and diligent, in the workes of my vocation: take into thy custodie for ever, O sweet Saviour, my soule, bodie, life, and all that ever I have be

be gracious unto mee, O Father, ſuccour and help me in all neceſſities, grant mee all thy bleſſings, and thy holy Spirit to ſanctifie, and dwell in mee for ever. And O Lord, have mercie upon mee, graft, plant, and ſow in my heart all vertues, and give mee grace, ſo to uſe them, and all other thy gracious gifts, as may be moſt to thy glory and praiſe, to my conſolation, and comfort, and to the profit of thy Church. Heare O Lord, my prayers, and forgive mee all my ſinnes, and wickedneſſe that I have committed, and give mee grace truely to repent the ſame: grant unto mee, O Lord, true contrition of heart, that I may vehemently deſpiſe my ſinfull lifepaſt, & wholly be converted unto thee: I have ſinned, O Lord, I confeſſe it, and I

cannot denie it, but O my God, pardon my trespasses, release my debts, and forgive mee all my sinnes: stop my wounds, for I am plagued, and beaten with sinnes; and grant mee grace with patience to attẽd thy divine Majesty; increase in me, I most humbly beseech thee, O most gracious God, the gift of faith, that I may truly believe in thee, and thy promise made unto mee, grant this O Father, for thy deare Sonne Iesus Christ my Lord and Saviour, Amen.

A Prayer wherein the sinner accuseth himselfe for falling into sinne, and asketh forgivenesse for the same.

DEare, tender, and most mercifull Father, God Almightie,

tie, great and dreadfull, which art merciful to whom it pleaſeth thee, for thou art the Father of mercie, & God of all grace, peace, and comfort, which wilt not the death of a ſinner, I therefore earneſtly deſire thee, O Lord, to have mercie upon mee, have mercie upon me, O Lord, according to thy great mercy; & according to the multitude of thy mercies, put away my ſinnes and offences; waſh mee O God, from my wickednes, and make me cleane from my unrighteouſneſſe. I acknowledge my ſinnes, and doe accuſe my ſelfe of my evill deeds. I confeſſe my wickedneſſe, and rebelling againſt thy precepts. I have beene a froward child, and have offended, & provoked thee, with all my vanities, and ſinnes, and have not exerciſed my ſelfe

in

in thy lawes, I have turned backe from thy wayes, and have done wickedly before thee. I have walked after mine owne thoughts, and phantasies, and not as thou wouldest; but have runne from sinne to sinne, following the desires of my heart; I have displeased thee by my inventions, and none of my sinnes bee hidden from thee, I am not worthy to be called thy sonne, woe I am, that I have gone from thee, great is my griefe, that I have led my life in sinnes; woe is mee that I have forsaken thee, and lived after my owne mind: but O Lord, forgive mee all my sinnes, doe not forget me, nor keepe thy mercie longer from mee, heare me now, O Lord graciously, calling upon thee: and be mercifull unto mee,

be

bee no longer angry with mee; nor caſt not away a contrite, and penitent ſinner. Turne thee againe, O Lord God, and forgive mee all my ſinnes and offences: hide not thy face from my prayers, but according to thy promiſes, take me into thy favour, for I am one of thoſe, O Father, whom thy Son hath redeemed with his moſt precious bloud, and therefore of thee, O Lord, I aske mercy beſeeching thee to forgive me all my ſinnes, and to have mercy upon mee, for thy deare Sonne Ieſus Chriſt his ſake, my onely Lord and Saviour, Amen.

A Prayer of thankeſgiving, and for Remiſſion of ſinnes.

GRant O Lord, of thine unſpeakeable mercie, that I may

may worthily praiſe and honour thee, that my mouth may ſpeake, my heart ſtudie, and my tongue ſing thy laud and praiſe, heare the ſacrifice of my lips, and make it acceptable in thy ſight, my ſoule praiſe thou the Lord, and all that is within me, laud his holy name. I will praiſe thee O God, & magnifie thy name for ever, and ever, for thou art good to all, and thy mercy exceedeth all thy workes, my mouth ſhall give thee thanks & extoll thy holy name. O praiſe the Lord my God, my Maker, Redeemer, nouriſher, defender, ſtrength, joy, victorie, and eternall glory. I honour thee, I glorifie thee, I worſhip thee, I laud and praiſe thee, for that it pleaſed thee, to make mee a reaſonable man, & haſt given me wiſedome, unde; ſtanding, and many other

bleſſings

bleſſings ſpirituall and corporall; thou haſt viſited my heart with many graces, and holy motions, thou haſt delivered me from many perils both of ſoule and body, and kept, and preſerved me from many ſinnes whereinto I might have fallen; for thoſe, and all other thy good bleſſings moſt aboundantly beſtowed upon mee; I wretched ſinner with all my heart, moſt humbly laud, prayſe, and honour thee. O moſt mercifull God, I adore and give thee thanks for thy unmeaſurable clemencie, and infinite goodneſſe, whereby thou doſt moſt mercifully ſuffer me to live, pardoneſt me, and beſtoweſt thy benefits upon me, let thy pity mollifie my hardnes, thy burning charity melt my frozen heart, that I may bee changed from a veſſell of wrath unto

unto a veſſell of mercie, and ſo being freed from my ſinnes, I may bee the more fervent in loving thee: thou art good, and I evill; thou holy, I wretched; thou juſt, I unjuſt; thou light, I blind; thou life, I death; thou joy, I heavineſſe; thou ſoveraigne veritie, I nothing but vanitie; O Lord ſanctifie me, helpe me, and ſave me, waſh me, and make mee cleane; ſuffer me not to be ſeparate from thee, but from the malignant enemy for ever hereafter defend me, that I may come and ſing to thee praiſes eternally, grant me grace to come after thee, to imitate thee that the fervour of my future devotion may recompence in mee the follies of my former converſation, and make me pure & holy, that I may earneſtly ſeek thee who art the fountaine of eternall

life, expell out of me whatſoever is evill, or amiſſe, or whatſoever diſpleaſeth thee; and deliver mee, I moſt humbly beſeech thee from all ſinnes, iniquities, troubles, and evils, wherwith I am encombred; diſpoſe all my thoughts, words, and works, as may be moſt agreeable to thy moſt holy will, and pleaſure, keepe me ever, and everie where from all ſins, wickedneſſe, and offences; deliver me in this life from all evils, troubles, and dangers, and after this life, bring me to the moſt ſweet, pleaſant, and delightfull joyes of the life everlaſting, Amen.

A Prayer of a ſinner in troubles thinking long for helpe, and truſting in Gods mercie, deſireth helpe.

EVen unto the Throne of thy higheſt power, I acknowledge

ledge O Lord, that I am a miſera-
ble ſinner, beſeeching thee O
Lord God almightie of thy good-
neſſe to doe with mee according
to thy great mercy. O Lord I am
abaſhed and aſhamed to lift up
my eyes unto thee, for my ſinnes
are aſcended up into thy ſight:
againſt thee O Father, againſt thee
have I ſinned, and done evill be-
fore thee, thou ſeeſt my iniquitie
is great, I have beene an offender
againſt thee even from my cradle
and ſince I ſucked my mothers
breaſts, I have not ceaſed to doe
evill. I was begotten in ſinne, and
brought into the world in ini-
quitie. I cannot ſhake off my ſins,
and offences, but carry ſtill with
me, the infamie of my youth; be-
hold O Lord, I am ſold under ſin,
and in my ſelfe I find not that
which is good, for the good that I
would

would doe, I doe not, but the evill I would not doe, I doe, all the thoughts and imaginations of my heart, have beene evill ever ſince I was young: let me not die in my ſins, O Lord God, for thou wilt not the death of a ſinner, but that hee repent and live, thou art good and merciful, and according to thy great mercy, ſave mee thine unworthy ſervant, thou haſt ſhewed thy mercie on thouſands, ſo have mercie upon me, O Lord God omnipotent, have mercie upon me a miſerable, and wretched creature, my ſoule is troubled, therefore, O Lord heale me, looke upon mee and deliver mee. How long wilt thou reject my prayers? how long wilt thou turn thy face away from me? thy hand is not weakned O Lord, but it may helpe, and thy eares are not

ſtopped

ſtopped: therefore O Lord heare me, how long O God, ſhall my mind be troubled with painefull and heavie thoughts? How long ſhall ſorrow torment my ſoule? How long ſhall my enemies triumph over me? Looke towards mee O God, heare my praiers, give light unto my eies, and let mee not ſleepe in death, nor let not my ſinnes prevaile againſt mee. Turne againe O Lord, turne againe and deliver my ſoule, and ſave me for thy mercies ſake. O Lord, rebuke me not in thy anger nor puniſh mee in thy great diſpleaſure; caſt not thy darts at me nor lay thy heavie hand upon me, let me no longer beare thy anger, nor drinke of the cup of thy diſpleaſure. I have no health for fear of my offences, I have no reſt nor peace when I behold my ſinnes:

my

my iniquities are gone over my head, and like a heavie burthen they daily presse me downe: thou O Lord, knowest my desire, and seest my necessitie: forgive me all my sinnes. O Lord God Almighty, for thine owne sake, and for thy Sonnes sake, put out of thy sight my haynous offences: for thou hast promised forgiveneſſe of sinnes, to them that repent them of the same, have mercie on me, O good Father, have mercie on me, and for thy glorious name, bee no longer angry with me, but forgive mee all my sinnes, and take mee a penitent sinner to thy mercie, for the love of our onely Saviour Iesus Christ whom thou hast sent to obtaine mercie for my sins, through faith in his bloud, who liveth & raigneth, now and for ever, Amen.

A Prayer for a ſinner, reioycing for the benefits receiued at Gods hand, and asketh ſtill his helpe, and forgiueneſſe of his ſinnes.

I Doe rejoyce in thee, O Lord, which tookeſt upon thee, in thy bodie my infirmities, and ſo bareſt my paines, thou waſt made weake for my ſinnes, and wounded for my offences, and by thy ſtrokes were my wounds healed, I went aſtray like a ſheepe, and followed mine owne waies, thou O Lord, through thy loue & mercie, haſt redeemed mee that was loſt, and by thy bloud-ſhed on the Croſſe, haſt paid my ranſome, thou diddeſt die for my offences, and by thy precious bloud haſt taken away my ſinnes, turne thy eies of mercie O Lord God, and looke upon me, the worke of

of thy hands, and heale the infirmities of me thy weake creature, keepe me from all evill waies, and teach me by thy holy Spirit to chooſe the way of truth. I beſeech thee (O King of holines) by my Redeemer Chriſt, keepe mee in the right way, and unite mee unto him in ſpirit, make me to go perfectly in thy pathes, and to hate all wicked waies, waſh my heart from malice, and cleanſe me from my ſecret ſinnes, cleanſe me, O holy Father, with the bloud of thy welbeloved Sonne, from all my ſinnes, and deliver mee from all my iniquities, purifie my heart by thy holy Spirit, from all filthineſſe of ſinne and evill concupiſcence. O God Almightie be mercifull unto me a ſinner, and for thy glorious name ſake, remember my ſinnes no longer,

make

make me O God, to returne from my evill waies, and wicked thoughts: remember not the sinnes and offences of my youth, but according to thy mercie bee mindfull of me for thy goodnesse sake. O Lord, my hope is in thee, my soule trusteth in thee, my soule looketh for thee, thou art mercifull, and with thee is plenteous redemption, therefore have mercy upon mee according to the multitude of thy mercies, for thou art full of pity, and mercy; turne not therefore thy face from mee, have mercy upon mee. O Lord God my Saviour, pardon, & forgive mee my sinnes, for thy names sake. O righteous Father looke not upon the multitude of my sins, but looke on the face of thy Sonne Iesus, which bare my sins in his body on the Crosse:

turne

turn thy face therfore away from my ſinnes, and put out all my iniquities, and make a cleane heart within mee, caſt mee not away from thy preſence, and take not thy holy ſpirit from me, but help and comfort me, ſtabliſh me with thy mightie Spirit: mollifie my heart that I may walke in thy waies, and not in the waies of error, helpe me, and forſake me not, O Lord my God, for thy Sonne Ieſus Chriſt his ſake, Amen.

A Prayer wherein a ſinner asketh forgiveneſſe of his ſinnes: and deſireth the true armour to bee defended againſt the enemies of his ſoule, and confeſſeth God to be his Saviour.

EVerlaſting God, and moſt merciful Father, I moſt humbly

bly beseech thee, for thy Sonne Christ his sake heare my praiers, and forgive me all my sinnes, and from henceforè give mee thy holy Angel to conduct and strengthen mee with thy vertue to understand the evill devices of the world, and the appetites of the sinfull flesh, arme mee with thy armours, the grace of thy holy Spirit, and mightie vertue, write in my heart thy holy word, lawes, and commandements, put upon mee the breastplate of righteousnesse, direct my life and conversation according to the Gospel of peace, give unto mee the shield of faith to fight against sinne, and desperation, the helmet of health unto my salvation, through the merits of thy dearely beloved Sonne Iesus Christ: for whose

sake,

ſake, I poore ſinner, moſt humbly beſeech thee, that thou wilt vouchſafe to powre upon mee thy holy Spirit, to worke in my heart, mind, and ſoule, that I may alwaies doe thy will and pleaſure, and walke in this world, to thy honour; thou O Lord, haſt made mee, and given thy Sonne to die for my ſinnes; O Father, for his ſake, have mercie upon mee, O Lord Ieſus, which haſt bought mee with thy precious bloud, receive me, and have mercie upon mee, and bee my mercifull mediator to thy Father, that my ſoule may bee ſaved. O holy Ghoſt, coequall with the Father, and the Sonne, have mercie upon mee, O Lord God, moſt loving, and mercifull Father, I acknowledge my ſelfe unto thee, a wretched ſin-

ner, yea ſuch a ſinner as hath need of grace, mercy, and favour, for in thy ſight there is no man righteous: thou O Chriſt art the bleſſing of God by whom all the Nations of the world are bleſſed and made rich: thou deliveredſt me, and thy people from hell and damnation; thou art a ſhield unto me, and unto all them that truſt in thee, thou forgiveſt all treſpaſſes, and healeſt all infirmities, thou defendeſt mee and thy people, and bleſſeſt us. Thou O Chriſt, art my ſaving health, and ſanctifier: with thee is mercie, and plenteous redemption: Yea, thou art the true God, and Saviour: all ſoules are thine, thou redeemedſt me, I have no other Saviour but thee, I will turne unto thee, O Lord turne unto me, I will aske mercie of the Father

ther, in thy name, and I truſt, I ſhall receive it, that my joies may be perfect: I believe in thee, therefore I ſhall bee ſaved, thou art the Way, the Truth, and the Life: without thee, none can come to the Father. Thou cameſt into the world to ſave me, and all that were loſt, therefore I believe in thee, and hope in thee, that thou wilt raiſe mee up to everlaſting life. I believe that thou wilt ſave me, have mercie on me therfore, and forgive me my ſinnes, O Lord, thou liveſt and raigneſt now and for ever world without end, Amen.

A ſinner deſireth forgiveneſſe of his ſins, and a right and true faith.

O Lord, maker of Heaven and Earth, I confeſſe my ſelfe

from the very bottome of my heart, that I am a miſerable, wretched, and abhominable ſinner, and have wickedly tranſgreſſed thy godly Commandements, the ſinnes alas that I have committed, are as innumerable as the ſand on the Sea-ſhore, they beare mee downe as an intolerable burthen: in theſe ſinnes, O Lord God, have I walked untill this day according to the deſires of the world, and the evill luſts of the fleſh; but whatſoever I have in this behalfe offended thy moſt godly Majeſtie, it ſore repenteth mee, and the fault grieveth mee to the very bottome of my heart; ſave mee therefore, O Lord, for thy great mercies ſake, for unto thee, O God of my comfort, I wretched ſinner doe come, craving

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of thee thy mercie, incline therefore thine eares unto my calling, O Lord, and consider the request of my heart, and grant unto me O Lord, thy servant, the strength of thy holy Spirit, to subdue the body of sinne with the lusts thereof, that it may be obedient in will and mind, unto thy lawes, for no man can helpe me but thou O Lord, who hast brought my soule out of hell, and hast holpen me from falling into destruction; put away from mee, O Lord, that which is evill, for thou art holy, and save thy servant which ever trusted in thee; I will acknowledge I have all my strength of thee, for thou art my hope, my portion, my God and my Saviour. Have mercie therefore upon mee, O Lord, and according to thy great mer-

cie doe away my offences: looke on mee with the eies of mercy, ſprinkle me with the ſweet Hyſope of grace, cleanſe mee from my ſinnes: waſh me, and I ſhall bee whiter then Snow, quench the deſire of ſinne in mee, open my lips that my mouth may ſet forth the praiſe of thy holy name. O Chriſt, Sonne of God, have mercie upon mee, O holy Ghoſt, give mee a new heart, and a right ſpirit to laud and praiſe thee, turne me wholly unto thee, O Lord, and take my ſinnes away from me, O Lambe of God heale me, and I ſhall bee whole: ſave me, and I ſhall be ſaved: for thou O Chriſt, art my hope, thou haſt taken upon thee my diſeaſes, and waſt wounded for my offences: and wilt, I truſt, pardon mee all my ſinnes, there is no ſalvation

but

but in thee, nor no other name wherein I muſt bee ſaved, but by thee, O Chriſt, through thee I have redemption, and remiſſion of my ſinnes, thou haſt made ſatisfaction for mee, thou diedſt for mee, and for my ſinnes, and waſt buried, and roſe againe, and aſcendedſt into heaven, and ſitteſt on the right hand of God in the glory of the Father: thou art my Advocate, & obtaineſt mercie for my ſinnes, thou art holy which was, is, and is to come. I believe that thou ſhalt come to be my Iudge, therefore I beſeech thee, O Lord, let not my ſinnes looſe mee, whom thou haſt bought with thy precious bloud, but have mercie upon me O Lord God holy Ghoſt, have mercie upon mee, and worke thy divine grace in mee, that I may be

saved through my Lord Iesus Christ, save me, O Lord, for I believe that I shall see the pleasures of thee, in the land of the living, grant mee O Lord, a rigt and true faith: forgive mee all my sinnes, and make me daily more & more to walke in a new way, and upright life, that I may utterly despise al worldly things that I may bee continent, pure of living, temperate, good, righteous, diligent in all goodnesse, meeke, mercifull, modest, humble, and ready to forgive all that offend me, & live all the daies of my life, according to thy divine wil, and true feare, that I may die in the world to all sinne, and to my selfe, and with a good confidence, and a merrie heart, looke for the comming of thee, O Lord, my Saviour Iesus Christ, to whom

whom with thee, and the holy Ghoſt, be all honour, and glorie for ever, Amen.

A Prayer for a ſinner deſiring God to powre his grace upon him, who doth faithfully beleeve, that God will freely forgive him his ſins.

HOnour and praiſe bee given to thee, O Lord God, for ſeeing whereof I ſtand in need, and ſo bleſſing mee with thy manifold bleſſings, I crave thy mercie and grace to bee my guide whereſoever I go: receive O Ieſus my ſoule and body into thy hands, for thou haſt bought mee with thy precious bloud. O Lord, ſave mee for thy mercies ſake, and bee my defender all the daies of my life. Thou art the gift of the Father to ſave ſinners,

I beſeech thee O ſweet Ieſu, ſave and deliver me from all evils, bodily and ghoſtly, now and for ever, that I may praiſe and worſhip thee in this life, and in the world to come: againſt thee, O Lord, againſt thee have I ſinned, I confeſſe that all my life time I have beene a ſinner, and have grievouſly offended thee, I have gone aſtray like a loſt ſheepe, and have beene an unprofitable ſervant, and there is no goodneſſe in mee: but I confeſſe my ſinnes, O Lord, unto thee, and doe earneſtly repent that ever I offended thee, being ſo loving a Father, & ſo gentle a Lord: and I crie with *David*, and ſay, have mercy upon mee, O Lord, according to thy mercies, and according to the multitude of thy mercies doe away my offences, waſh mee through-

throughly from my wickednesse, and cleanse mee from my sinnes; for I acknowledg my faults, and my sinnes are ever before mee. I crie with the lost son, O father, I have sinned against heaven, and against thee, and am no more worthy to bee called thy Sonne. I crie with the Publican, and say, O Lord, be mercifull unto mee a sinner. I crie with the blind, Iesu sonne of *David*, have mercy upon me: and I faithfully believe that thou wilt freely, and mercifully forgive me all my sinnes, be they never so many, or grievous, if I faithfully aske them: for by faith I am made of the child of wrath, the sonne of God: by faith I am married unto Christ: by faith my heart is purified; Sathan overcome, and the world vanquished; by faith I am preserved from dam-

damnation, justified, and made righteous: by faith the wrath of God is asswaged, and I worke thy will O God, by faith my praiers are heard, and requests granted: by faith I please thee O God, and am made the child of light: by faith I am borne anew, and made the Temple of the holy Ghost: by faith I prevaile against the gates of hel, and am made the heire of thee O God, and fellow heire with my Lord and Saviour Iesus Christ, of thy everlasting glory: faith is richer then all treasure, stronger then all corporall power, and more healthfull then all Physicians. Grant mee therefore O Lord, a true faith, and let mee cleave to the mercifull, and comfortable promises of thee O God, so shall I bee sure to have remission and forgive-

nesse

neſſe of all my ſinnes. I believe thee, O Lord, helpe thou my unbeliefe, increaſe this my faith in mee, I moſt humbly beſeech thee for Ieſus Chriſt his ſake, mercifully to behold mee a moſt miſerable ſinner, and clearely to forgive mee all thoſe ſinnes, and wickedneſſe, which I have committed againſt thee from my birth untill this preſent time: forgive mee O Lord, all my ſinnes for thy Name ſake, though they bee great, and many: remember not the ſinnes and offences of my youth, nor my former ſinnes, but according to thy mercie thinke upon mee, O Lord, for thy goodneſſe ſake, and have mercie upon me, and that right ſoone: helpe mee O God of my ſalvation: O deliver mee; and bee mercifull unto mee a ſinner for the glorie

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of thy name ſake: So ſhall I give thee thankes for ever, and magnifie thy bleſſed name, world without end, Amen.

A very godly Prayer with many petitions.

O Lord powre downe thy heavenly grace, and fatherly favour upon me, that I being aſſured of thy favourable goodneſſe toward mee, may rejoyce, and glorie in thee: vouchſafe O ſweet Father, to ſend thy holy Spirit unto mee, which may make mee a new creature, put away from mee all fleſhly luſts, fill my heart with new affects, and ſpirituall motions: and thorow his godly inſpiration, renew me both in body and ſoule, that I may die unto ſinne, and

live unto thee in newneſſe of life, ſerving thee in holineſſe, and righteouſneſſe, all the daies of my life. O ſend thy wiſedome out of thy holy heavens, and from the throne of thy Majeſtie, that ſhee may be with mee, and teach mee thy will, and what is acceptable in thy ſight, conduct mee rightly in thy workes, and preſerve me in her power; remoove from me, O heavenly Father, my lewd ſtubborne, and unfaithfull heart; and create in mee a cleane, and godly heart, cleanſe me from all wicked thoughts: breath into my heart through thy holy Spirit godly, & ſpirituall motions, that I may bring forth good workes, to the praiſe and glory of thy holy name: grant me, O Lord, a quiet mind, and a contented conſcience, free from the damna-

ble

ble accuſations of Sathan, from the craftie perſwaſions of the world, from the ſubtill enticements of the fleſh: give unto me the precious gift of faith: give mee Chriſtian love, and perfect charitie, that I may love thee, my Lord, and God, with all my heart, with all my mind, ſoule, and ſtrength. Let mee love my neighbours as my ſelfe: give mee grace patiently to ſuffer my enemies: to forgive, and pray for them. Take from mee all pride, and haughtineſſe of mind, graft in mee true humilitie: give mee grace to be merciful, and liberall to all that have need: preſerve my ſoule from all vice, and my bodie from ſickneſſe: make mee able with ſtrong faith to reſiſt Satan, with fervent Prayer, to mortifie the luſts of the fleſh: with meditation

tation of thy holy law, to avoid the vanities, and pleasures of this wicked world, suffer mee not to bee overcome of Satan, nor his servants, but grant mee a strong faith to overcome them: send thy heavenly Angels to pitch their tents about mee: and deliver mee from their tyrannies. Make me of that number O Lord, whom thou hast ordained to bee saved: place me among thy sheep, write mee in thy booke of life, grant me those petitions, & what soever else is needfull for me; O most mercifull Father, for thy deare Son Iesus Christ his sake, to whom with thee, and the holy Ghost, bee all honour, and glory, world without end, Amen.

A Prayer for grace and remiſſion of ſinnes.

O Almighty God and Father of our Lord Ieſus Chriſt, the God of all comfort and conſolation, have mercie upon mee, heare my prayers, I moſt humbly beſeech thee, for thy deare Sonne Ieſus Chriſt his ſake, for his merits, and the cruell death he ſuffered to deliver mee from eternall death: ſend into my heart the ſpirit of truth, to worke in mee a true, ſtedfaſt, and lively faith: that the brightneſſe and cleareneſſe of thy Goſpel, may ſhine in me, and lighten my mind that I may underſtand the unſpeakable riches of my redemption, in, and by Chriſt: open the eyes of my mind, that I may know what the hope is whereunto

to thou haſt called me: and how rich the glorie of thine inheritãce is: that by true faith I may be an unfained profeſſor of thy holy name, and worſhip thee in ſpirit and truth. Write in my heart the love of thy law, and hate to all ſinne: be mercifull unto mee, I heartily beſeech thee moſt mercifull Father, for thy Chriſt his ſake, and for his deaths ſake, thy mercie, truth, and promiſe ſake, have mercie upon mee, pardon and forgive me all my ſinnes, iniquities, and offences whatſoever, I have committed againſt thee, in thought, word, or deed, at any time heretofore by any meanes. Though I be poore, my Chriſt is rich: though I bee a ſinner, hee is righteous: though I bee unpure, yet he is pure and holy: for his ſake therefore be mercifull unto me:

me: wash me from my filth, and wickednesse, cleanse me from my evill, forgive me my sinnes: forget my iniquities, powre out thy holy Spirit upon me, write thy law in my heart, grave it in my mind, give me the Spirit of prayer; make mee diligent, and happie in the workes of my vocation: take into thy custodie and governance for ever my soule, and my bodie, my life, and all that ever I have. Tempt mee never further then thou wilt make me able to beare: and whatsoever thou knowest I have need of in soule or bodie, deare God, and gracious Father, vouchsafe to give me the same: and as thy child guide me, so that my life may please thee, and my death praise thee, through Iesus Christ my Lord. For whose sake I heartily pray thee

thee to grant mee these things thus asked, and all other things necessary for my soule and bodie, and grant unto mee poore creature thy blessings and holy Spirit to sanctifie mee, and dwell in me as thy deare child: to keepe me this day and for ever from all sinnes and evill, to thy eternall glory, and my everlasting comfort, and the profit of thy Church which mercifully maintain, cherish, & comfort: keepe me in thy truth, powre upon me O Lord, thy holy Spirit of grace & wisedome, to governe and leade my bodie and soule in thy holy word and Commandements: shew thy mercie upon mee, and so lighten the naturall blindnes of my heart, that I may daily bee renewed by thy holy Spirit. Open my hard heart, and grosse eares, to read thy

word

word, heare thy heavenly voyce, and believe, and follow it in my life and converſation, and ever hold faſt that bleſſed hope of everlaſting life: mortifie and kill all vice in mee, that my life may expreſſe my faith in thee: mercifully heare the humble ſupplication of thy ſervant, and grant me thy peace all my daies: for Chriſt his ſake bee mercifull unto mee: caſt all my ſins out of thy ſight, pardon my infirmitie, and defend me in all dangers, both outwardly in my bodie, goods and name, and inwardly in my ſoule, againſt all temptations, and ſubtill baites of Satan: grant that I may truely and godly ſerve thee, increaſe in me true Religion, repleniſh me with all goodnes, and of thy great mercie keepe mee in the ſame unto the end, give unto

to me the ſpirit of praier, true humilitie, perfect patience, and continuall joy in the holy Ghoſt, and for as much as I muſt be at warre with many enemies, grant mee grace, and arme me with thy defence, that I may ſtand with an invincible conſtancie againſt all corruption, wherwith I am compaſſed on all ſides, untill ſuch time as I having ended this combate, which during life I muſt ſuſtaine, I may in the end, attaine to thy heavenly reſt, which is prepared for mee, through Ieſus Chriſt my Lord and Saviour, Amen.

Another Prayer for remiſſion of ſinnes.

O Eternall God, behold me a poore and ſinfull creature, and a worme of the earth againſt

thee, O holy Father, against thee have I sinned: gracious God, cast not away a contrite and penitent heart, humbly calling upon thee, but turne thy eies of mercie toward me, and forgive me the sins of my youth: cast me not away, nor take not thy holy spirit from mee, but give mee the comfort of thy helpe, and stablish mee in thy truth, keep me thy poore creature, and destroy mee not, because of my iniquitie, but bee mercifull unto me, for thy Son Iesus Christ his sake: let not thy heavie hand of Iustice destroy mee, neither leave mee in my sinnes, pittifull Father, even of thee which art the God of mercie, I wretched sinner doe aske mercy, and forgiveneſſe of all my sinnes: therefore for the glory of thy name deliver me from sinne, and forgive mee

all

all my ſins: for as thou art God, ſo art thou gracious & mercifull, and wouldeſt that none ſhould periſh, but all ſhould bee ſaved. Spare mee, O Lord, and for thy names ſake, forgive mee all my ſinnes, & put out of thy ſight all my offences: give mee a new heart, and take from me all wicked deſires, that I may evermore live according to thy will: give unto my eies good ſtore of light that I ſleepe not in death, and that my ſins prevaile not againſt me: worke in me O holy Spirit, that I may ever deſire, and covet that which is moſt pleaſant, and acceptable in thy ſight: and that I have no deſire, to will or not to will, but as thou wilt. O God moſt holy, mighty, and mercifull Saviour, bee mercifull unto mee, and caſt mee not off in my age:

forsake me not, nor shut not thy eares from my praiers: but bee mercifull unto mee, and forgive me all my sinnes. Most deare and blessed Saviour, comfort the soule of thy servant, for unto thee doe I lift up my heart and mind: shew me thy mercie, and grant me thy salvatiõ, early in the morning wil I cry unto thee, for thou art good & gracious, and of great mercie to them that call upon thee: deliver me from among the wicked, that I may give thankes unto thy holy name: make mee to understand thy truth, knit my heart unto thee, that I may feare thy name. Turne thee unto mee and have mercie upon mee, and give mee thy helpe and succour. Heare the praier of thy servant, hide not thy face from mee: but have mercie upon mee. I will alway

way call upon thy name, be thou preſent with me, and forſake me not; but in the day of judgement vouchſafe ô bleſſed King, to place me among thine elect, and holy people, that I may behold the glorious countenance of thy divine Majeſtie, and bee filled with the exceeding ſweetneſſe of thy bleſſed preſence, which is life everlaſting: grant this for thy mercies ſake, Amen.

A Prayer for true Repentance.

O Lord God which art full of mercie, and compaſſion, long ſuffering, & of great goodneſſe, which continueſt thy mercy for thouſands, taking away iniquitie, ſinnes, and offences, thou calleſt after thy wonted mercy by thy word to repentance, & hear-

tie conversion: for unto all and everie one is repentance and forgiveneſſe of ſinnes preached in thy name. I acknowledge the riches of thy lenitie, patience, and long ſuffering, in that thou doeſt not ſuddenly take away ſinners from the earth, nor overthrow them in their wicked deeds doing, but giveſt them ſpace to repent, which is a moſt notable argument that thou wilt not the death of a ſinner, but that he bee converted and live: for thou art mercifull over all, and forbeareſt the ſins of men for their amendment: thou loveſt all things that are, and hateſt nothing that thou haſt made: therefore unto thee, O moſt mercifull God, doe I crie, which knoweſt the hardneſſe of my heart, and that I have no power of my ſelfe to riſe up.

Con-

Convert mee therefore, O Lord, and I ſhall be converted. O ſhew me my offences, that ſtroking my thighes, I may bee heartily ſorry for my ſinnes committed: heale me, O Lord, and I ſhall be whole, ſave me, and I ſhall be ſaved, for thou art my praiſe: behold me a ſheepe wandring, and ready to periſh: ſeeke thy ſervant, O Lord, that I forget not thy Commandements. O Ieſus Chriſt looke upon mee with the eies of pitie, as thou lookedſt on the ſinnefull woman in the banquet, which proſtrate at thy feete, did bitterly bewaile her wickedneſſe; favour me as thou didſt the Publican, who ſtanding afarre off in the Temple, and ſtriking his breaſt, ſaid, Lord, be me mercifull to me a ſinner: grant that among the feares, and terrors of Conſcience

I may take hold of thee by a lively faith, which haſt redeemed me from the curſe of the law, and art made for me wiſedome, righteouſneſſe, ſanctification, and redemption: keepe mee, O Lord, from deſperation, and let me flie to thee my Mediator, & through faith have peace with God. Reſtore me in the light of thy law, that from my heart I may obey thee my Redeemer, and walke in newneſſe of life: thou which haſt ſuffered for mee in the fleſh, give mee grace that likewiſe in the ſame mind I may bee armed for the mortification of the fleſh, that I live not after the luſts of men, but after the will of God. I am ſorry that I have ſpent the time of my life that is patt in wantonnes, in luſts, in exceſſe of eating, and drinking, and other ſins and wickedneſſe

kednes: mollifie my heart, that I may earneſtly repent all my former ſins and offences, and for thy moſt deare mercies ſake, O Lord, forgive mee the ſame: keepe the Devill under, that he trouble not my conſcience with reckoning up my ſins, or extenuating thy mercie: but grant mee truely to come unto thee by heartie repentance: and that I may at all times, and in all places, lifting up pure hands, pray unto thee, and ſay, Lord, forgive me all my ſins, and offences: and with deepe ſighing, and ſure confidence, continually perſiſt in making my praiers, ſupplications, interceſſions, and giving of thanks for al thy temporall, & heavenly benefits, & bleſſings beſtowed upon mee. Heare O Lord, both now and evermore, all my praiers, and grant my re-

queſts for Ieſus Chriſt his ſake, who liveth and raigneth with thee in the unitie of the holy ſpirit, one God now and for evermore, Amen.

A Prayer for the remiſſion of ſinnes.

OMercifull God, if I wretched ſinner, had not promiſes in the holy Scriptures of thy tender mercies, for the comfort of my weake conſcience, and ſorrowfull heart, I ſhould have no remedie (my ſinnes are ſo great) but muſt deſpaire. But though my ſinnes were never ſo manie, and abhominable, yet thy loving kindneſſes, are more innumerable, and thy mercies more infinite, thou wilt not the death of a ſinner, but that he turne and live: thou cameſt into the world

world to call ſinners, to ſave offenders, to ſeeke that was loſt, to eaſe thoſe that were loaden with ſinne. O put my evill thoughts out of thy ſight, waſh me & make me cleane, make mee leave to doe evill, and learne to doe good: applie my ſelfe to equitie, aſſiſt the oppreſſed, helpe the fatherleſſe, heare the widows, & let my ſcarlet ſins be made as white as ſnow and my purple offences, like pure white wooll. Caſt my miſdeeds behind thy backe, and never more remember them, forgive mee my ſinnes, heale my infirmities, ſave me from deſtruction, and crowne me with mercie, and loving kindneſſe: deale not with mee according to my ſins, nor reward mee after my wickedneſſe. Look how wide the Eaſt is from the Weſt, ſo far haſt thou ſet my ſinnes from mee.

me as a father pitieth his owne children, even ſo art thou merciſull to them that feare thee, thou knoweſt wee are as glaſſe, and as a flower of the field, which ſoone fadeth away, but thy merciſull goodneſſe endureth for ever.

O moſt gentle Saviour, thou art my loving Shepheard, which haſt ſought mee running aſtray, laid me on thy merciſull ſhoulders, & brought me home to the cõpany of thy faithful. There is no whole part in my bodie, from the ſole of the foote, to the crowne of the head, but all the wounds, ſores, & ſtripes, which can never be bound up, mollified, and eaſed, except thou O Lord helpe me; O Lord, make cleane my wounds, powre the wine and oyle of ſpirituall gladneſſe into them, binde them up, make them perfectly whole,

and

and bring them into thy everlasting habitation: heale me, and I shall be whole: save me, & I shall be saved: O Father, receive mee home, embrace me in thy armes, favour me, that have ungodly, & lewdly bestowed thy godly, and vertuous gifts: which prodigall living greatly grieveth me, and I am most heartily sorie, that I have so hainously offended against thee. I most humbly beseech thee to have mercy upon me, forgive me my sins, and receive me into thy favour.

Take from me the ragges of impietie, and cloath me with the garment of innocencie, and put on me the shooes of peace, that I may walke in the waies of thy holy Commandements, and give me grace unfainedly to repent, and amend my life, that the Angels,

gels in heaven may rejoice at my conversion, wash mee more, and more from my sinnes, that I may be cleane, and appeare beautifull in thy glorious sight, and rest for ever in thy heavenly Mansion, Amen.

A Prayer for blessings, and forgivenesse of our sinnes.

O Heavenly Father, I beseech thee give mee grace to flie from all sinne, drunkennesse, and gluttonie, as from beastly vices, and pestilent pestilences, and use thy good creatures soberly, temperately, & thankfully: keep me from fulfilling the lusts of the flesh, let mee watch and pray that I fal not into the snares of the divell, & live soberly, watch warily pray

pray continually, looke diligently for the comming of my Saviour, that I may be readie to enter with him into everlasting glorie. O Saviour, give me grace to visit the sicke, and prisoners, comfort the fatherlesse, feed the hungrie, cloath the naked, lodge the harbourlesse, and doe those things which are most acceptable in thy sight.

I confesse and acknowledge unto thee my sinnes and offences, my transgressions are infinite, as the sand of the Sea: I have departed from thee, and have not kept thy commandemēts as thou hast commanded mee, give mee thy righteousnesse, and forgive me al my sins: Finally, I beseech thee, most merciful Father, deliver me from this evill world, humane feare, and all infirmities of the flesh,

fleſh and mind, from falſe Prophets, bad brethren, and lewd perſons: Defend mee from the hands of mine enemies, from all evils preſent and to come, both in ſoule and bodie. Give me grace to ſerve thee in good workes, & for thy name ſake, deliver me frō all evill. Arme me with thy holy armor; weapon me with thy bleſſed Word. Inſtruct me by thy holy ſpirit, that I may ſerve thee in holines, and righteouſneſſe, all the daies of my life: break the bands of my ſinnes, ſhake them out of thy ſight, fully forgive me all my offences, and let mee poſſeſſe the inheritāce of thy heavenly kingdome. To thee O Father, creator, protector, governour, and defender, and to thy beloved Sonne Ieſus Chriſt our Peace-maker, Mercie ſeate, Redeemer, Iuſtifier, and Advocate,

Advocate, and thy holy ſpirit our Sanctification, Wiſedome, Teacher, Inſtructor, and Comforter, be all dominion, power, and glorie for ever and ever, Amen.

A very fervent Prayer for remiſſion of ſinnes, and many good Petitions.

GRant me moſt gracious God, thankefully to acknowledge thy great mercie, make mee increaſe in repentance, faith, prayer in contemning the world: in heartie deſiring life everlaſting, and thy bleſſed preſence. Grant mee (O moſt gracious Lord) thy holy and ſanctifying Spirit, that I may heartily & faithfully pray unto thee with a pure and cleare mind, with an humble and lowly heart, accept me into thy favour, write thy law in my heart and

and ſo worke in mee, that I may believe in thee, feare thee, love thee, obey thee, and ſerve thee, as thou requireſt. O loving Lord, forgive me my unthankfulneſſe, and all my ſins. O Father, aſſure me of my everlaſting ſalvatiō in Chriſt, reveale thy truth unto me, confirme, ſtrengthen, and ſtabliſh me in the ſame, that I may live as a veſſell of thy mercy: endue me with the ſpirit of wiſedome, keep me that I follow not the counſell of the wicked, walke not in the way of ſinners, nor fulfil the luſts and deſires of the fleſh, guide my luſts, & cōduct me, that I may do thoſe things that pleaſe thee, and hate thoſe that offend thee; faſten me, & plant me ſurely in the land of the living, and let mee not bee carried away with vehemēt blaſts of the wicked world: direct, & order

der my paths, that I may walk in thy waies, arme me with patiēce and assist me with thy holy spirit that I may shake off the bonds of the wicked, & cast away the yoke of sin and impietie, so guide mee that I may alwaies serve thee in truth, and verity, and in true faith obey thee. I beseech thee receive me under thy blessed safegard, be my buckler, give me thy succour, that I may walke in thy truth before thee, & rejoyce only in thee. O Lord heare me, lamētably calling upon thee: O Christ, which art my righteousnes, & innocencie, comfort me in all adversitie. Heare me mercifully when I call upon thee, make mee live in awe of thee, & evermore bee afraid to offend thee, or sinne against thee, give me the light of thy countenance, and let me feele, and taste

thy

thy favourable goodneſſe. Grant me a place and tranquilitie, firme hope, and ſtedfaſt faith in thee. Have compaſſion on me, for I am ſore vexed. Heale my ſoule, helpe me, and deliver mee from all my ſinnes, for thy mercies ſake heare my lamentable voyce, heare my ſorrowful cry, grant my petitiõs, cõfound my enemies, deliver me from all inconveniences, free mee from all griefe and heavineſſe: grant I be not overcome with the deceits of the wicked, lighten mine eies, that I may rightly diſcerne thee, & walk conſtantly in the way of truth, through a ſtedfaſt faith. O Lord God, conſider me, regard mee with the eies of thy mercie. Keepe me from ſinne, & ſinners, let my heart rejoyce in thy ſalvatiõ, that I may ſing praiſes, & render thanks unto thee for

that

that thou haſt delivered me from all my ſinnes, and tranſgreſſions, free me from al impietie, & ignorance, that I may earneſtly ſeeke thee, keepe me as the Apple of thine eie: defend me under the ſhadow of thy wings, and ſatisfie me with the deſire of thy glory: ſhew me thy way, teach me thy pathes, deliver mee from all ungodlineſſe, wipe out all my ſins, and offences, and clearely forgive me all my miſdeeds, for thy moſt deare mercies ſake, Amen.

A moſt godly prayer for repentance, and life everlaſting.

O God Almightie, that haſt created mee of nothing in the celeſtiall forme of mankind: & by thy holy word governed, & taught me to know, confeſſe, honour, and ſerve thy omnipotent Majeſtie,

Majeſtie, ſo, as where I was farre from thee by ſin, I am now by thy grace brought neere thee, and reconciled to thy favour as a ſonne. Therefore as one environed with many ſorrowes, perils, wretchedneſſe, and calamities, amidſt the ſwarms of innumerable enemies that ſeeke to ſpoyle me: I call for thy help, which art the only ſure and invincible fortreſſe, wherein I may be ſaved. O Father, ſtretch forth thy mightie hand, and give me a joyfull victorie againſt the power of the malicious enemies that would ſpoyle mee: from the bottome of my heart I crie unto thee to ſave me, & for the love of thy deare Son, deliver mee from all ſin, and the power of darknes, and by thy holy Spirit lead and guide me in the light, and pathes of thy moſt glorious & heavenly

grace,

grace, that in this ſhort and tranſitory life (beſet round with many ſtormes, perils, and deceites, to perdition) I may alwaies cleave faſt unto thee, and utterly deſpiſing all earthly pompe, & vanity, I may poſt unto the Port of perpetuall peace and ſafetie, there to poſſeſſe the triumphant, and eternall joyes which are prepared for thine elect.

Open the eyes of thy fatherly pittie I beſeech thee, and give me grace earneſtly to repent my miſdeeds, put away my ſins, and forgive me all my offences: renew whatſoever is decayed in me, either by the fraud and deceit of the devil, the vanities of the world, or my own carnall will and frailty, let me put my whole truſt in thy mercie, impute not my ſins unto mee, but take mee into thy favour,

vour, and blessing. Strengthen mee with thy holy Spirit, poure upon mee the manifold gifts of thy grace, the spirit of wisedome, Truth, Meekenesse, Love, Peace, and Patience, that I may live here in this life godly, and vertuously die in thy faith, & feare, and raigne with thee in the world to come in everlasting glory, Amen.

A Prayer of thankesgiving, and for remission of sinnes.

O Almightie, and eternall God, our gracious and mercifull Father, all praise, honour, and glorie bee given to thee. O let mee extoll, and praise thy name for ever and ever, for thou heerest my Prayers, granteſt my requests, & abundantly poureſt thy graces and benefits upon mee, thou chosest me before al eternities, write my

my name in thy booke and made me fellow-heire of thine everlasting kingdome I will praise thee for creating me after thine owne similitude & image, in wisedome innocency, holinesse, and righteousnes, little inferiour to the Angels: for redeeming my soule and body from destruction, for forgiuing me my sinnes, and deliuering me from death euerlasting. I thank thee for that precious Iewell of thy sacred Word, for teaching & comforting me, for preseruing my soule and my body in health, peace, and libertie, for the vse of thy good creatures, both for my necessity & delight, for food to nourish me, apparell to cloath me, the benefit of rest to refresh me. O gracious God, giue mee thy speciall grace, that I may morning and euening, and at all

times praise and highly magnifie thee and euer offer this sacrifice, euen the calues of my lips unto thy heauenly Maiestie: sanctifie my senses to thy honour & glory charge thine Angels to pitch their tents about me and saue me. Giue me power & strength against Sathan, sinne, iniquitie, and all ungodlines, and let me never more offend thee: blesse my endevours the beginnings and issues of all my affayres, fill my heart with thankfulnesse to thee, and charitie to others, protect me in all places, defend me from all dangers, and let thy blessings be with me whersoever I become. O Lord grant me grace still to praise thee & ever heartily to pray unto thee, good Lord heare me and freely forgiue me all my sins, for Iesus Christs sake: To whom with

with thee, and the holy Ghost, be all prayse, thankes, honour and glory, now and for evermore. Amen.

A very devout Prayer for repentance, and all other things whatsoever needfull, and life everlasting.

O Most mighty God of Angels and men, whose wisdome is infinite, & judgements unsearchable, heare the praiers of thy servant, and giue eare to the humble petitions of thy poore creature. O let me incline my soule unto thee, and set my eyes upon thee turne thy anger away from me, and let me finde favour in thy sight. Heale my soule that hath sinned, free me from my transgressions, pluke me from my offences, for I acknowledge my

faults and am sorry for my sinnes. Pride and arrogancie hath beguiled me, foolish boldnes overtaken me, & my owne counsells & devices misled me, thou hast coũselled me, and I followed it not thou diddest strike me, & I regarded it not, thou didst correct me, and I received not thy discipline: haue mercy vpon me, O Lord, haue mercy vpõ me, I most humbly beseech thee, heare my praiers forgiue the sins of my youth, and turne thy displeasure from me. Come unto me O Lord, and saue me, destroy not my soule whom thou hast so mightily redeemed but arise and deliver me, saue me for thy mercies sake: grant me sorrow for my sinnes, and a fountaine of teares for my offences, that I may daily bewaile my iniquitie. Let my prayer enter into

thy

thy presence, and my cry come unto thee, helpe me in my troubles, heare my prayers, and freely forgiue me all my sinnes. O God almighty behold me thy unworthy seruant giue me thy holy spirit, fervently to desire thy Kingdome, acknowledge thy will, and worke thereafter: giue me wisedome, constancy, patience, and strength in thee, let thy mighty arme preserue me from the inuasion of the Devil, the cursings of evill tongues, the malignity of the wicked world. Giue me grace to repent my misdeeds, be sorry for my sins, and penitent for my offences. Make me love justice, hate wrong, and abstaine from evill, take care of my soule, forgiue me my sins, and saue me thy servant Giue me what thou wilt, as much' as thou wilt and when thou wilt

doe with me as thou wilt: put me where thou wilt: and in all things rule me as thou wilt: grant me grace to despise worldly vanities, mortifie carnall affections, and giue my mind wholy to heavenly Meditations: assist me with thy grace, strengthen me with thy heavēly power, comfort me with thy holy Spirit, that neither my cruell enemy, my wretched flesh or subtile spirit, haue domination ouer me. Deliver me O Lord I beseech thee, from the cares of this world, keepe me from bodily necessities, let me not be overcome with voluptuous pleasures of the world, the allurements of the flesh or instigation of the Devill. Let not flesh and blood overcome me the world with his vain glory deceiue me, nor the fiend with his manifold crafts supplant me, but

giue

giue me ghoſtly ſtrength in reſiſting them, patience in ſuffering them, and conſtancy in perſeuering to the end. Giue me for worldly delights, the ſweet conſolation of thy holy Spirit; for fleſhly loue, the fervent loue of thee, and thy heauenly wiſedome that I may ſeeke thee, find thee, and aboue all things faithfully, ſerue thee: In temptation ſtrengthen me: in tribulation ſuccour me, and from al my enemies, both bodily and ghoſtly, freely deliver me. Giue me grace to deſpiſe all worldly things, all motions of ſinne, and let no vanity deceiue me. End (O Lord) my miſeries deliver me from the bondage of ſinne, and grant me a full ſight and contemplation of thy glory, thorow Ieſus Chriſt our Lord and Saviour, Amen.

A Prayer or meditation whereby the contemplation of light and darkenes is stored up, with a remembrance of the shortnes of our life, and for life everlasting.

AS my body, O Lord, is compassed with thy blessed light so let my mind with thy heavenly light be illuminated, and as thou giveſt me corporall light, so I beseech thee giue me spiritual light, for sure I beleeue my body shall be as cleare as the Sun, in the day of Iudgement, and as the Sun riseth in the morning, is highest at noone, & in the euening draweth downward, so my life & all things in this world (how glorious soeuer) being at the highest, decreaſe & wear away: grant me therfore (O God) a quiet and contented mind, which is most like thy holy

ly name. And as houſes are ordained to keep us from the iniury of weather, cruelty of beaſts, diſquietnes of the people, & dangers of the world, ſo grant moſt gracious Father that my body may enter into thy heavenly Manſion, wherein my body and ſoule may haue reſt, peace, & ioy everlaſting. Oh take me from this vale of ſin, and let me haue euer cleare light, in my mind, and as I am not ſorry when the Sunne goeth downe, ſo let me reioyce in death whereby I come to thy heauenly habitation. Thou which art the Author of light, take away the dimneſſe of my mind, and let me ſee clearely, let thy Word be a Lanthorn vnto my feete, and a light vnto my pathes: as after the day I giue my ſelfe to reſt in the night, ſo moſt meek Father, governe, & prepare

me, that after this life, I may rest and liue with thee in eternal glory. Nothing is so like life as day, nothing is so like death as night, nothing so like the graue as the bed, and as I feare not to enter my bed, and sleepe, so let me not feare, to die, but prepare my selfe for it that after the temptations, troubles, and tempest of this world be ended, I may enjoy that heavenly, pleasant, & delectable rest, that is prepared for thine elect, which grant mee sweet Father, for thy Sonne my Saviour Iesus Christ his sake, to whom with thee and the holy Ghost, be all honour, and glory, Amen.

A prayer to spend our life so, as we may live in Heaven eternally.

DEare Father, God of heaven and earth, I miserable & sinfull

full creature, do proſtrat my ſelfe before thy Maieſtie, deſiring thee from the bottome of my heart to be mercifull unto me, & though I am not worthy to receiue the leaſt favour of thee, and from thee, yet of thy fatherly care over me, thou giveſt me thy bleſſings abundantly, yet my weake nature is ſuch as I forget from whence theſe good graces flow, & am no way thankfull for the ſame, but like the gurmundizing Glutton, continue in my vaine deſires and worldly pleaſures which in a moment ſhall vaniſh, endue me therefore moſt deare Father, with thy holy ſpirit, and giue me grace to ſpend the ſhort Pilgrimage of my life, wholy in thy teſtimonies, that I may ioy in the ſervice of thee, & continually be carefull to pleaſe thee, ſo that when thou ſhalt mow

up

up the root of this transitory life, I may be ready like the wise Virgins with my lampe burning, that so passing from this dark vale of misery, I may be received to thy bright ioy and euerlasting habitation, Amen.

A prayer to God to take care of us, preserue us, & forgiue us our sins.

O Father that madst the light lighten mine eies, that I sleepe not in death, & let not my enemies or sins prevaile against me, driue from me the darknes of ignorance, and illuminate me, with thy holy spirit that I may despise the deceitful delights of this world, and earnestly striue for the true ioyes of heauen, that I may hartily forsake al transitory things and endeuour to attaine things eternall, preserue me from the assaults

faults of the devil keepe me from all sin, and deliver me from suddaine death, grant me solace in tribulation, assistance in temptation, & after death saue me from condemnation, I beseech thee, & from the bottome of my heart intreate thee, to direct mee in the way of thy commandements, that I may begin, continue, & end my life to thy glory, and the salvation of my soule, keepe me from sinne restraine me from iniquity, coole the heat of my cōcupiscence that raigneth in me, let me lead the remnant of my life in thy feare and love, direct my heart, body senses, speeches, and actions, in thy law, and workes of thy Commandements, that leaving the delights of this world, I may thirst for thy kingdome. Curb the devil that he hurt me not, grant me thy mer-

mercy and forgiue me my sinnes. Furthermore, O Lord, giue me purity of heart, austeritie of the flesh, mortification of my appetites. Watch my eyes, and bridle my tongue, let me desire nothing but thee, and be evermore mindfull of thee. Giue me humility of heart, patience, obedience, meeknes, charitie, constancy, and endue me with thy heavenly grace, and Christian goodnesse, Amen.

A prayer for the ayd and protection of God in our affaires.

O Omnipotent & eternal God who art the life, the way, & the truth, behold I walke among the temptations of the Devil, the snares of the world and frailtie of the flesh: open, therefore, O Lord my eyes, be thou my guide

and

and conduct me right, be in my way, O Lord, my succour and solace: in heate a shelter: in cold a garment: in wearinesse a rest: in shipwrack a haven: guide me in thy paths, & teach me the waies beat me downe and humble me, that I trust not in terrestrial things but erect my spirit & mind to heaven; and thereto fasten my hope direct my intent to that end, and let me so liue on earth, as I may be received into thy everlasting kingdom. Grant that I may learn so to rest in thee, and trust in thy blessings that I may abstain from all evill, look after celestial riches and learne to bee content with what it shalplease thee to bestow upon me. Lord haue mercy upon me, and heare my prayers, turne my sins frō thee and saue me for thy mercies sake, there is no man

can

can heale me, nor deliver my soul but thou O Lord: My destruction commeth of my self, my hope and salvation standeth onely in thee: in the time of reconciliation heare me, in the day of death deliuer me, and for thy mercies sake haue mercy vpō me, be mercifull unto me which haue none, but thee to helpe mee, destroy me not because of mine iniquitie nor be nō longer angry with me, let my prayers ascend unto thee, and be thou my health and salvation: I acknowledge I haue many wayes from my youth hither to most grieuously offended thy divine Maiesty, for which O God be merciful unto me a most wretched sinner, forgiue all that is past, saue and defend me from all evill hereafter confirme me in a godly life, to the honour & glory

ry of thy bleſſed name, Amen.

A very good Prayer for forgiueneſſe of ſinnes.

O Celeſtial Lord, omnipotent and eternall Father, I bleſſe thy diuine Maieſty, I prayſe thy infinit bounty & mercy, I magnifie thy eternall wiſedome & truth which with thy mighty hand haſt ever defended me from all perils, dangers, & enemies; comfort me cherish me, maintaine me, and for ever hereafter defend me, that my mouth may ſet forth thy glory: Praiſe the Lord, O my ſoule, I wil praiſe the Lord, and all my life ſing praiſes unto his holy name. Preſerue and defend my ſoule & my body from all perils, preſerue me from worldly ſlanders, driue mine enemies from me, guard & protect me that I never offed thee

or

or with my sins greiue thee, early in the morning let me seeke thee, in the evening let me praise thee: & be ever careful to please thee: punish mee not according to my sins, but be merciful unto me for thy great goodnesse and mercies sake. Reproue me not, O Lord, in thine anger, nor correct me in my wickednes: shew me thy mercy & grant me thy salvation, free me from thine anger, deliuer me from sudden death, & saue & keep me from eternall damnation. Grant that I may so follow holines al my life, that thy glory may shine in my good works & that I may enterprise nothing, but that which shall be to thy praise and glory: Exempt me from the world & al filthinesse of the flesh, keepe me so diligently, that I may follow true goodnesse and piety. Grant I may

may apply my heart unto thee, purge it from all immundity and filthines, make me abstaine from all evil deeds, deceits, and cruelty Deliver me from sin, wickednes, and all evill, send thy holy Angell to guide mee in my doings, and keep me in thy waies, that I may not doe, thinke or will any thing contrary unto thy holy will and commandements: let me sing and rejoyce before thee worship and serue thee, & come into thy presence with mirth. Thou madest me, I am a sheepe of thy flocke, remember not O Lord the ignorances of my youth but according to thy great mercy be mindfull of me, turne my wailing into joy, cut my sack of sorrow into peices and cloath me with celestial gladnes that I may sing to thy glory, world without end, Amen.

A good prayer for a sinner, and for Gods grace to keep him from sins and grant him life everlasting.

O Lord let thy graces spring in my heart, suffer me not to perish with the vngodly, direct me with thy rule of justice, make plain thy way before me, lest the wicked spirit put me out of it, defend me with thy grace as a sheild gather me under thy wings, and keep me safe among thy feathers send thy truth & light to lead me and bring me to thy holy dwelling. O my soule, trust in the Lord he is my God and my helper. Haue mercy vpon me, O Lord, thou God of all things, haue respect unto me, send me thy feare and bestow on me thy mercy.

Awake O my soule, and stand up from death, that Christ may lighten

lighten thee with the beames of his mercy: ſhew me the way that I ſhal walk in, & deliuer me from mine enemies, for I flie vnto thee Teach me to do thoſe things that ſhall pleaſe thee, let me put my truſt in thee, and haue mercy vpon me, looke vpon my adverſitie and miſerie, and forgiue me all my ſinne, O keepe my ſoule and deliver me, and let me never bee confounded, but be mercifull unto me, and haue mercy upon me, watch (ô my ſoule) for thou knoweſt not when the Lord wil come watch and pray O my ſoule, that thou enter not into temptation watch (O my ſoule) faſt and pray, & be ſtrong in faith: ſet a watch O Lord before my mouth, and keepe the doore of my lips, and let not my heart be inclined to evil. O keepe me in thy pathes, that

that my foot-steps slide not, heare me, & haue mercy upon me, knit my heart unto thee, that I may feare thy name: ponder my waies consider my meditations, & mercifully heare me: leade me in the right way, let no wickednes haue dominion ouer me, turne all voluptuousnes from me, take from me the lusts of the flesh, let not vncleannes take hold of me, giue me not ouer to an obstinate mind turne my eies away from vanities let thy loving mercies come unto me. Suffer me not O Lord to enter into the way of sinners, but whēsoeuer through frailty of my corrupt nature I run astray, then O Lord stay me, and plucke me backe againe, that I may joy in the desire of thy law that I may euer choose, and doe those things which are most pleasant to thee

and

and hate all that offend thee.

Plant me by the waters side, and let me bring forth fruit to thy honour and glory: grant that I may stand in the assembly of the righteous, that I may escape al punishment, be delivered from condemnation & with thy Saints and holy Angels live in everlasting glory, world without end, Amen.

A confession of sins, necessary to be said at all times, and for forgiuenes of sinnes.

O God, and mercifull father be mercifull unto me for many enemies fight against me, O God most high, I here prostrate in hart confesse my abhominable wicked nesse, wherein all my life long I haue offended thy heavenly Majestie in thought, word, and deed which are infinite and cannot be numbred,

numbred, make them O Lord, odious & grieuous unto me, make them deteſtable in my ſight, giue me the grace of true repentance, grant vnto me ſinfull wretch, the forgiueneſſe of all my ſinnes, and releaſe me from all paine due for the ſame. Thou haſt commanded us to aske and pray, and thou wilt forgiue: to knocke, and thou wilt open: grant me O father, I beſeech thee, a continuall & ſtedfaſt faith and onely hope in thee, and in Chriſt Ieſus, that I may cry, O God the father, haue mercy upon me, O God the Son, haue mercy upon me, O God the holy Ghoſt haue mercy vpon me. O glorious & bleſſed Trinity, haue mercy upon me, and forgiue me all my ſins and wickednes, that I haue committed & done ever ſince I came into this miſerable world, untill

this

this present houre: and grant O Father, I wretched sinner beseech thee, that I neuer hereafter falinto any sins or offences. Defend mee against all my enemies, the devill the world and the flesh, O Christ which camest into the world, to ease those that were laden, to seek those that were lost, to cal sinners to repentance, and to giue life everlasting to the faithfull. I poore sinfull creature from the very bottome of my heart bewaile and lament my wretched & sinful life beseeching thee according to thy promise, to be mercifull unto me to be my mediator to God the Father for me, that he may fully and freely forgiue me all my sins what soeuer formerly cõmitted against thee: and wholy possesse my heart with thy holy Spirit, that he may defend mee against all perils to

come which the deuil, the world, or the flesh imagine thagainst me & so change me into a new man, that my old sinnes being washed away by thy precious bloud, I may walke from Vertue to Vertue, to the prayse of thy blessed name, Amen.

A generall confessiō of sins, with a prayer for the remissiō of the same

O Most mercifull Lord God, most deare & tender Father, vouchsafe I beseech thee, to look downe with thy Fatherly eyes of pitty vpon me, most vile & wretched sinner, which herein heartily prostrate before the feete of thy bottomlesse mercy, I am not worthy to be called thy Sonne, but for that thou art the God and Father of all comfort, and desirest not the death

death of a sinner, but take best care to cure my wounded soule: poure I pray thee the precious oyle of thy sweet comfort into my wounds that I may joyfully run into the lap of thy everlasting pitie: thou art my hope, and truth in whom I only repose my selfe, I accuse my selfe unto thee, that I have sore & grievously offended thy almighty Majesty in committing grievous & manifold sins and wickednesse, that I have not kept the least of thy Commandements, as thy righteousnes requireth of me, I have not honored thee as a God nor dreed thee like a Lord, nor loved thee like a Father nor used thee as my Saviour. Thy holy and dreadfull Name I have used in vaine, I have followed the Prince of the world in concupiscence of the flesh, in pride of living, in cleane oute of

in glottony, in hatred, in envie, in backebiting, in despaire, and in misbeleife, but in what maner soeuer I haue offended thy most godly Majesty, I am heartily sorry for it, even from the bottome of my heart, and in token of my hearty repentance I knock and strike my breast, and in the bitternes of my soule, I cry and say: Lord God father haue mercy upon me, Lord God Sonne, haue mercy vpon me Lord God holy Ghost, haue mercy vpon me, spare me of thy infinite mercy, and giant me thy abundant grace, that I may change my sinfull life, put off the old man with all concupiscence, that I may dy unto the world; & the world unto me: strengthen my hart in true humility, perfect loue, hope, and trust in thee. Giue my soule grace to desire onely to reioyce and repose

pose my selfe in thee, that I may vtterly forsake the vaine affiance of the world, that I may be ready to go with thee whensoever thou shalt come vpon me: Be thou O Lord alwayes vnto me a Tower of strength, a place of refuge, and defend me against the fiend & all desperation, let thy cõfort cleane vnto me, thy mercy keep me, and thy grace guide me. Take O Father, that thou hast made, take O Son, that thou hast with thy precious bloud dearely bought, take O holy Ghost, that thou hast kept, & preserved by thy grace, to draw mee neare unto thee. Heare my prayers, forgiue me my offences comfort me in my afflictions, let my ghostly enemie haue no power on me, but giue me strength to withstand his deceitful snares, let me liue to my comfort, die in the

true faith, and rest with thee in thy everlasting Kingdome, Amen.

Another Prayer for forgiuenes of sins, & to be guided by the grace of God to preserue and keepe vs.

O Maker of heauen and earth, King of Kings, and Lord of Lords, which of nothing diddest make me thine owne image, diddest redeeme me with thy precious blood. I am not worthy in my heart to think on thee, nor in my mouth to name thee: therefore I humbly desire thee, and meekly pray thee gently to behold mee thy vnworthy seruant, and haue mercy vpon me, as thou haddest on the woman of *Canaan*.

Vnto thee I confesse my sinnes, haue mercy vpon me (LORD) for I haue most greiuously offended thee in pride, couetousnesse, leachery

leachery, vaine-glory, hatred, envy, adultery, indissolute, and wanton living, idle words, in thinking, sleeping, and doing all things wherein fraile men might sinne: therefore I most humbly pray and beseech thy goodnesse, haue mercy vpon me, and forgiue me my sinnes. Thou art my hope, truth, and defender, my helpe, strength, life, health, resurrection, and redemption, I therefore most humbly pray and beseech thee, helpe me defend me, make me strong and comfort me: Visit me, and receiue me. I am thy seruant and bondman, though euill and a sinner, therefore I flee vnto thee to be receiued: If I be vncleane, thou canst make me cleane; If I bee sicke, thou canst heale me: If I be dead, thou canst reuiue me, for thy mercy is more then my sins,

and thou canst forgiue more then I can offend: Therefore O Lord, consider not the number of my offeces, but according to thy great mercy haue mercy vpon me, say vnto my soule, thou art my saluation: O be not angry with me, but most mercie Father, for thy mercies sake, forgiue me all my misdeeds, graunt that I may truly know thee, with my heart beleeue thee and mouth confesse thee. Purifie my heart with the fire of loue, mortifie in mee whatsoeuer is amisse, garnish my mind with thy heauenly benefits, and spirituall gifts, arme my soule against the crafty assaults of the subtill Serpēt, the vain pleasures of the world, & the lewd lusts of the filthy flesh.

O Saviour haue mercie on me, which haue committed many sins against thee, and haue mispent the

gifts,

gifts of grace, that thou so louingly diddest giue me: be merciful unto me, O bountifull Lord, and I will wholy put my trust and confidence in thy mercie. Let me euer dread thee, loue thee, and serue thee, with all my heart mind, will might, power, and strength, of soule and body: and grant that I may doe all things according to thy will: let all my offences befor gotten before thee, and make me persevere in vertuous living that I may order my selfe in this world to thy will and pleasure: let me depart out of this world in a clean and pure life, for the comfort and salvation of my sinful soule, and most merciful Lord I praythee, to giue me stedfast faith, true hope: and feruent charity, giue me thy grace and mercifull ayd in all my wayes to pursue & follow thy wil

and commandements, to ſcheew my owne fraile will and deſires, and falſe enticements, ſo in this life I may liue a true Chriſtian, and after death, behold thy moſt glorious face in Heaven, Amen.

A deuout prayer for all Chriſtians.

O Lord, which haſt vouchſafe of thy vnſpeakeable goodnes, to make and ordaine me thy creature, to liue in this tranſitory, lre giuing me a reaſonable ſoule by which I know thee, my Lord & my God. O moſt bleſſed Lord I wretched ſinner, cõfeſſe my wicked and abhominable ſins, I humbly aske thee mercy & forgiuenes for the ſame, grant me thy ſtrength to ſtand ſure in faith, thy knowledge to work thy bleſſed wil, thy power to reſiſt all errors, and wic

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ked imaginations: thy wisdome to know the truth giue me thy help I humbly beseech thee that thy holy spirit may guide me & all the thoughts, and desires of my heart for the thoughts of men are miserable, & their deeds vncertain, cōfort therfore my soule, let it walk in thy lawes, & waies: & work thy wil, suffer no worldly persuasions to take place or root in my heart but by thy holy spirit, so direct my wayes & works that they may be acceptable in thy sight. Suffer not my soule to perish, whō thou hast so dearely bought, but haue mercy upon me make me poore in spirit, low in heart, content with my calling, & let my soule rest in thee let me loue thee as a Father, a forgiuer, a Saviour, & feare thee as a Lord, a judg a reuenger. O Father put from me my sin & wickednes, mak-

make me to walke in the way of thy commandements: let me reverently feare thee, and ſtand in awe of thy judgmẽts, let me loue thee as a Saviour, honour thee as a Lord, and feare thee as a Iudge. Grant me grace to ſet thy feare before me, to ſtand in awe of thee, & of thy judgements, that I doe nothing to provoke thy heavie diſpleaſure againſt me, that I may walke in thy feare and holy ordinances, and imbrace thoſe vertues that ſhall evidently declare my faithfull loue, true honour, vnfayned repentance, and humble feare towards thee. Haue mercy, pitty, and compaſſion vpõ me moſt miſerable ſinner, for my offences are horrible great and grievous, but I appeale to thy mercy, which is aboue thy workes: O let me liue with thee eternally, and not die

though-

though I haue deserued it, make me a vessell of thy mercy, that I may praise thy name, let not my sinnes seuer me from thee, but let me magnifie thy power & mercy. O gracious God, giue mee true heartie, earnest, & vnfained repentance, that I may from the bottom of my heart cõtinually lament my manifold sins and transgressions, my vnthankfulnes towards thee, for all thy mercifull benefits abundantly bestowed vpon mee. Alas that euer I became so wicked & vnkind a creature, to displease so good a Lord, so loving & mercifull a Father. O forgiue me all my sinnes that euer I haue committed against thee, let me neuer more offed thee but alwaies gladly serue thee in righteousnes and holinesse all the dayes of my life, goverue and guide my heart in thy

thy faith, feare, & loue, that in all my thoughts, words, and deeds I may glorifie thy holy Name, to whom be all glory, prayse, power, and dominion, now and euermore, Amen.

A faithfull prayer, very fit for all persons.

O Most excellent goodnesse, withdraw not thy mercy, O most mighty Maker, despise not thy worke, O most prudent Redeemer, suffer me not the price of thy redemption to perish, O most gentle, ghostly, and heauenly hoast, purifie, sanc, dresse, & keepe thy house and dwelling place in me. O most blessed, charitable, sweet, & bounteous Iesu O most excellent, glorious merciful deare Iesu and sweet Saviour, haue mercy vpon me, & freely forgiue me all

all my sinnes. O make me loue thee, turne to thee, & be sorry, & contrite for my wickednesse let me remember thy benefits, meeknesse, paintull and bitter passion; thy patience, obedience loue and charity; sanctifie me that I may worship thee, magnifie thee, and heartily loue thee with true reuerence and deuotion. As thou art most dreadfull make me to dread thee: as my Father to loue thee as my Lord to serue thee: dwell in my soule by grace, mercy, charity and cleannesse. O wound my heart with thy most holy wounds moist my mind with thy most precious bloud, that whatsoeuer I doe, or whereseoeuer I turne me, I may behold thee crucified and thus beholding thee, I may fix my mind on nothing but onely on thee: and I beseech thee

that

that thou wilt vouchsafe of thy goodnesse to direct, sanctifie, and keepe my soule, and my body, my senses, talke, comtounication, and all my doings in thy holy lawes and workes of thy Commandements: that thy holy Angel may bee with me to direct me in the way of peace, truth, and health, that I may be whole, safe and free in thee, and by thee, both here and in the world to come. Heare me and saue me O King of glory, which liuest and reignest world without end, Amen.

A very good Prayer to God, to take from us all euil things, and to giue us all good things.

GIue O Lord God, unto my heart repentance, to my spirit contrition to my eyes a fountaine

taine of teares, to my handes Abundance of Almes, & put out of me the desires of the flesh, & kindle in mee the fire of thy loue put out of me the spirit of pride and vainglory, and giue me true humilitie: take away from me, O Lord: the fury of anger and giue me the buckler of patience, pluck from me rancour, and malice of mind, and giue me meeknesse of soule, giue mee (most gentle Father, a stedfast faith, sure hope and continuall charitie. O God turne from mee vanitie, vnconstantnesse of mind, wantonnesse of bodye lewdnesse of talke a high minde: excesse of dyet, euill speaking of others, couetousnesse of riches, gredines to rule, desire of vaine glory, the vice of flattering despising the poore, oppressing the weake, vnsatiable auarice, and

deadly

deadly blasphemie.

Take from me vndecent rashnesse, stubbornesse, vnquietnes, idlenesse, sluggishnesse, dulnesse, blindnesse of heart, obstinacy of vnderstanding, cruelty of condition, disobedience of that is good and giue me O God, for thy deare Sons sake, the workes of mercy and affections of piety, to suffer with the afflicted, to counsell the euill, helpe the miserable, succour the needy, cōfort the sad, ayd the oppressed, releiue the poor, mone them that weep, pardon my debters, spare them that offend me, loue them that hate mee, doe good for euill: embrace vertue reiect vice, & line in all goodnes O God, make me rich with thy gifts, defend me with thy munition, giue me the strength of thy Saluation, bee my shadow in the

day

day of battell: my deliverer in the time of affliction, my ayd in tribulation, my light in salvation, and conduct me to thy everlasting rest that I may liue with thee in eternall glory, Amen.

A very good prayer for Gods ayd, for gyuenes of sinnes, and life everlasting.

O Christ, that calleſt all men vnto thee, ſpread forth the beames of thy light that we walk not in darkneſſe, for thou art the way to heauen, and ſun of righteouſneſſe: in thy Croſſe, we triumph: in thy ſhame, we glory: by thy paine, we haue peace: in thy teares ioy, in thy ſorrow, comfort in thy death, life.

I humbly beſeech thee therefore, poure vpon me the ſpirit of wiſedome, grace, & mercy, with the

the force or his beams, to driue away the darkneſſe of my mind, and with this fire, purifie my perverſe affections, with his celeſtial Lamp, kindle in my heart the true zeale of glory, with his holy ointment, embalme my conſcience, with his Fatherly oyle, to refreſh my bowels, and with his vertuere new in me an vpright heart, to cleanſe my ſoule from dead works and repleniſh me with righteouſnes, that I may ouercome Sathan the world, the fleſh, and my luſts, aboue all let me haue the true conſolation of a faithful ſoule, his ioy quiet and content. Thy Word is vnto us the Image of glory, the Law of thy Kingdom, the ladder to Heaven, the Gate to Paradiſe, the treaſury of piety, vertue, wiſedome, conſolation, and perfection yet the groſſenes of our fleſh is ſo

ignorant

ignorant and perverſe, that it wil neither ſee thy ſpirituall riches nor heare thy true & wholeſome doctrine: but taketh the Thorne for the Roſe, the Leafe for the fruit, and the Huske for the Kernell.

I humbly beſeech thee therefore, moſt mercifull Father, to guide me in the underſtanding of thy truth, and inſtruct me by thy ſpirit to make me perfect in the principles of ſaluation, the true knowledge of thee, and of faith pietie, and righteouſneſſe, to be leeue in thee, and Ieſus Chriſt thy onely Sonne, to glorifie thee loue thee feare thee, & ſerue thee, Grant that my thoughts may be repleniſhed with ſtedfaſt hope, ſupported with aſſured expectation, to obtaine the celeſtiall riches which no eye hath ſeene, eare, hath

hath heard, or vnderſtanding cõprehended that I may behold thy countenance, liue in thy Kingdom enioy the ſociety of the Angels, be a fellow-heire with the glorified ſpirits, to be fully vnited vnto Chriſt, and by him to the Father and Fountaine of eternal life, & ſo poſſeſſe euerlaſting joy and let the hope of enioying that happineſſe be my thought, pleaſure, labour, habitation, and onely vocation, and grant meegrace to turne my courſe, that in the end I may obtaine the diadem wherwith thou crowneſt thine elect, that I may prayſe and magnifie thy name, world without end, Amen.

A Prayer for remiſſion of ſins, & to God to aſſiſt us to liue well and to free vs from ſin, and

to

to liue in Heaven eternally.

O Lord my God I will glorifie & prayse thee with thanke-giving, giue me thine ayd, saue & deliver my soule out of the deep Dungeon, keepe me from the pit of destruction, take all trouble from me, let my life be agreeable to thy desire, take away my euening lamentation, and giue me the joy of the morning consolation. O Lord heare me haue pitty upon me, and be mercifull unto me, take me from all heavinesse fill me with thy gladnesse, that I may render thee thankes, and my tongue sing thy prayses without ceasing. Haue mercy vpon me according to thy benignity, for I am oppressed with sins & offences absolue, purge, and wash me from

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all iniquity. Put me not from thy presence, giue mee a right spirit the comfort of thy saluation, and rest to my poore conscience, that I maybe sure of the free remissiō of all my hainous sinnes. Giue me (O Lord) a mouth, and wisedome to resist my aduersaries: keep me pure and vndefiled in thy law, and that I may doe nothing but that thou requirest of me let me neuer want sure hope and firme trust in thee. Fasten and imprint thy lawe in my heart, that I neuer sinne against thee: Teach me thy iudgements and giue me a readie will to perform them fortifie me with thy word, and let my heart be enclined vnto it, & not to couetousnesse, pride, or any other wickednesse. Instruct mee in that that is good, be thou my portion, and for thy mercies sake, haue mercy upon

on me: keepe me diligently, and watchfully, & let not my feete slip shadow me with thy right hand, & keepe me safe from the wicked Deliuer me from all evils, guide my going forth, and comming home, and keepe my soule from sinne. Let me O Lord, cry vnto thee and heare me speedily: let my prayer be as sweet Incense before thee, that I may call vpon thee daily and continually, keepe me from evill, and let me not liue dissolutely: defend me from impietie and all erronious and foule offences, let me cast mine eyes vpon thee, hope onely in thee, and stay me wholy vpon thee. Saue my soule let it not perish, and deliuer me from the vanities of the world, enticements of the flesh suggestion of the Devill, and the snares, ambushes, and deceit-

full conspiracies of the wicked, that I may laud and prayse thy holy name in this world, and in the world to come. To our God eternall, immortall, invisible, and onely wise, be all honour and glory, both now and evermore, Amen.

A very earnest Prayer for Gods ayde, and forgiuenesse of our sinnes.

O Father, I beseech thee for the loue of thy Sonne, bring my soule out of prison, to prayse thy holy Name, deliuer me from the bonds of sin, and restore me to life everlasting: when shall I come and appeare before thy face: when will the Comforter come I waite for? when shal I see the joy I look for? and be satisfied with the glo-

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ry I long for? Strike Lord my hard heart with the ſtrong point of thy dear loue, pierce it with thy mighty power vnto the very bottome, that my head may bring forth water, and mine eyes a fountain of teares, to mourne and lament my manifold ſinnes and offences,

I beeſeech thee kneeling on my knees, and humbly intreat thee, that thou wilt with the eyes of pitie, looke vpon me thy vnworthy ſeruant, and haue mercy vpon me. O Chriſt, whom I haue greatly offended in thought, word & deed Pardon my offences, and clearely forgiue me all my ſinnes. Heale my iniquities, and I ſhall be ſafe. Governe and defend mee, ſtrengthen and comfort me, deſpiſe me not O Lord, nor note the number of my ſinnes, but according to the multitude of thy mercies pitty

me, favour me, haue mercy vpon me, and forgiue mee a moſt grievous ſinner. Convert me O Lord, and for thy mercies ſake keepe me that I may with true repentance, heartily bewaile my ſins. Saue me for thou art the true ſafetie, haue mercie on my ſinfull ſoule, loſe the bands thereof, blot out my tranſgreſſions, ayd me and forſake me not, O God of my comfort. O my ſoule, lament, mourne, & weepe, till thou be joyned to thy Bridegroome Chriſt. Thou bidſt me knocke, O Lord open vnto me, ſtrengthen mee that am weake, reſtore me that did periſh, raiſe me that was dead, guide and governe all my ſences, thoughts, and deeds, that henceforth I may ſerue thee, loue thee, and liue with thee. Grant me an humble and contrite heart, with abundance

abundance of teares, and sorrowfull soule for my sins. Giue me compunction of heart, humilitie of mind, and a pure conscience. O Iesu pardon my soule, pardon my sinnes, my evils, and my offences. Let me earnestly desire, advisedly search, truely know, and perfectly fulfill all things that please thee. Giue me thy heavenly comfort, despise not my sinfull soule, forgiue me all my sins, and bring mee to thy holy habitation, for my Saviour Iesus Christ his sake, Amen.

A good Prayer for Gods assistance and repentance.

O Loving Father, haue mercy vpon me, pardon my frailtie, ayde me in infirmities by the power of thy grace, strengthen me against the concupiscence of the

filthy fleſh, the illuſions of the fooliſh world, & the ſubtile aſſaults of Sathan, that I may grow in all goodneſſe and heavenly perfection. Of thy Fatherly goodneſſe heare my prayers, & for the glory of thy name forgiue me my ſinnes, & grant my petitions, look favourably on me thy fraile and wretched creature, humble my heart to the repentant confeſſion of my ſins, giue me the helpe of thy holy Spirit, to amend my ſinfull life, bleſſe and guide all my thoughts, words and workes with thy heavenly grace, that I may in all things obey thy heavenly will. Reforme me, bleſſe me, and in thy tuition preſerue me, poure forth the abundant bounty of thy good gifts vpon me, that in the riches of peace, joy, & loue, I may prayſe and magnifie thee. O mercifull Fa-

ther that hast deliuered me out of the bands of death and darkenesse, haue mercy vpon me, and for thy sweet Son my Saviour Christ his sake, comfort, guide, and strengthen me in thy holy Spirit, hold continually thy holy hand over me, that no flattery, illusions, nor inchantment of this world deceiue me, and that no troubles, malice, stripes, persecution, feare, tyrannie, torments, nor death, may ever separate me from thee: but despising the world, the flesh, and the Devill, I may in joyfull hope waite for, and desire the comming of our Redeemer, for the delivery of the blessed Saints to appeare in thy gracious presence, in our renewed bodies, glorified, and immortall, there to dwell with Angels, & Archangels, evermore praising thy heavenly Majestie. O

Lord, that hast made vs the children of light, haue mercie vpon me, yea, Lord haue mercie vpon me; and for thy names sake looke favourably vpon me, stand fast by me, let me be constant in faith, humble and obedient to thy holy will, and correction, patiently waiting thy good pleasure and determination in all things: make me abound in loue and meeknesse, rejoyce in vertue and true holinesse, and glad my heart in the assured truth of thy promises, helpe me with thy grace: pardon my weaknesse, and deliuer me from the euils I haue deserued, and in all troubles, wealth, neede, health sickenesse, joy, sorrow, life, and death; make me put my whole stay, hope, and helpe in thy Fatherly mercy and goodnesse. Relieue me with thy grace, strengthen

then me with thy holy Spirit, that I may overcome and vanquish all the suggestions, temptations, and conspiracies of Sathan, and his infernall Armies: withstand the malice, persecutions, and troubles of this wretched world, triumph in heavenly victorie, and wholly rejoyce in the praysing and lauding of thy holy name, now and for ever, world without end, Amen.

A Prayer for remission of sinnes.

O Soveraigne Creator of all things, when I consider thy Majestie, whom I haue with my sins offended, I doe shudder at my owne misdeedes, and I abhorre my wickednesse, because I haue forsaken so gracious and bountifull a Father, vouchsafe therefore most mercifull God and loving Father, to pardon and forgiue me all my

vanities, misdeedes, and offences, govern and guide me by thy holy spirit in all my wayes, that I may liue all the dayes of my life according to thy holy and heavenly Commandements. By the multitude of thy mercies, wipe away my iniquities, let my suite enter into thy presence, and saue me thy servant, shew me thy mercies comfort my heart with the celestiall joy, and pleasure of thee, that I may for ever rest with thee in the land of the living. Haue pittie vpon me, & according to the multitude of thy great mercies, wipe away my sins, and cleanse me from all my vnrighteousnesse, draw my soule out of sinne, vnto the finely fountain of the life everlasting: fill my mind with the streames of thy pleasure, and overcome my heart with the sweetnesse of thy Loue

and

and grant that I may long with al my heart, and labour with my whole endevour, to attaine to the vnconceiveable joyes of the life everlasting: embrace me with thy armes of mercy, shew me thy lovingcountenance, pluck me from the earth, and earthly things, open my mouth to call vpon thee, my eares to heare thee, my eyes to behold thee, and let all that I doe say, heare or see be onely to thy glory. Let thy grace still accompany me, let me continually crave it, & earnestly endevour to keep it, scoure from me the spots, which by my daily sins I have cast vpon the whitenesse thou gavest me, that I may be pure and cleare before thee. Bind vp the sores of my sinfull soule, wash it with thy precious bloud, annoint it with the oyle of holinesse, repaire that heavenly

heavenly image within me, by sin defaced, and againe adorne it with thine owne righteousnesse, that I may ever hereafter prayse thee Mortifie all my desires of wealth, pleasure, riches, glory, favour and all earthly things whatsoever, and that I may euermore readily and willingly doe those things, that may please thee. Giue me constancy and steadinesse of purpose that my thoughts may not bee found fleeting or vneffectuall, but that I may with an vnmooueable, mind doe all things for my [illegible]mfort, and to the honour and glory of thy holy name, through Iesus Christ my Lord & Saviour, Amen

A Prayer for remission of sinnes.

RIghteous, and mercifull God which art cleare from spot, and

and ſin, I miſerable and wretched ſinner, acknowledge my wickednes, and with humble and ſorrowfull heart, bewaile my filthineſſe, whereby I haue polluted that Image imprinted within me at my firſt Creation. I openly confeſſe, that many and great are my ſins, my offences wonderfull, my tranſgreſſions infinite, even as the ſand of the Sea, that cannot bee numbred, for all my cogitations are prone to evill evermore: who knoweth O Lord his ſin, and can recount his tranſgreſſions? I confeſſe my offences, and my ſinne is alwayes before me: againſt thee only haue I ſinned, and done euill, I was borne in ſinne, and thoſe ſins, haue I multiplied in my dayly tranſgreſſions, and haue deſerued thy diſpleaſure: therefore I appeale vnto thy mercie O Lord, beſeeching

ſeeching thee not to enter into iudgment with thy ſeruant: but according vnto thy great mercie, haue mercie vpon me; and according to the multitude of thy mercies doe away mine iniquities

Waſh me throwly from my ſinnes, and cleanſe me from my offences: for thy names ſake, be mercifull to my ſinne, for it is great: remember not the ſinnes of my youth, nor my rebellions, but according to thy kindnes remember mee, for thy goodneſſe ſake: remember thy tender mercies, and loving kindneſſe which haue been for ever: remember I am fleſh, that paſſeth away, and commeth not againe: leaue therefore thy diſpleaſure againſt mee, be not angry with me for ever: deale not with me according to my ſinnes, neither

neither reward me after my iniquities, but conduct me O Lord, and turne away thy displeasure against me: shew me thy mercies, and grant me thy salvation, I confesse most mercifull God, it lieth not in my power to purge and put away my sinnes, and purchase thy favour: but it is onely the passion, and most innocent death, of thy deare Sonne my Lord Iesus Christ, that is a sufficient reconciliation for my sinnes, and for the sinnes of the whole world: for his bloud which was shed for me, doth cleanse mee from all my sins: and if I confesse my offences, thou wilt forgiue me all my sinnes, and cleanse me from all vnrighteousnesse: wherefore in such hope of this thy mercy promised by thy Sonne, I am bolde with deepe sighes from

my

my heart, to cry Lord forgiue mee mine offences, remit mine iniquities, cover my sinnes, and impute not my faults vnto mee: purge me O Lord, from my secret faults, keepe me from presumptous sinnes, let them not raigne over me, but purifie me from all my wickednesse: let me taste the sweetnesse of thy benignitie, that I may be secure, and certaine of the remission of my sinnes, through the bowels of thy mercies: that I may perceiue in my minde, comfort, peace, and gladnesse of thy holy spirit, which may beginne a new life, in mee pleasing thee: quench all vaine motions in mee, and restore in me the image of thy diuine light, which was lost: that being delivered from my sinnes, and out of the hands of mine enemies, I

may

may ſerue thee in feare, in righteouſneſſe, and holineſſe, all the dayes of my life, through Chriſt in whom thou art well pleaſed, and for whoſe ſake, all my workes howſoever vnperfect, are acceptable in thine eyes. O moſt mightie Maker, deſpiſe me not thy worke. O moſt excellent goodneſſe, withdraw not thy mercie from me. O moſt prudent Redeemer, ſuffer me not to periſh, whom thou haſt ſo dearely bought. O moſt gentle, ghoſtly, and heavenly hoaſt: purifie, ſaue, dreſſe, and keepe thy houſe and dwelling place in me, which thou haſt ſanctified, and dedicated vnto thee in my Baptiſme. O moſt bleſſed Ieſu, haue mercy vpon mee, make mee to loue thee, and to bee ſorry, and contrite for my ſinnes. Turne me

vnto

vnto thee, by grace, that I may remember thy benefits, and thy painfull and bitter death, and passion. Grant me to sanctifie, worship, magnifie, and loue thee heartily. Moisten my minde with thy most precious bloud, that whatsoever I see, I may behold thee crucified, that thus beholding thee, I may fixe my minde on nothing, but onely on thee, and liue most carefully to serue thee, and after this life, rest everlastingly with thee, which liuest and raignest with the Father, and the holy Ghost, one God world without end, Amen.

An excellent Prayer, meete for all persons, and to be sayd at all times.

GRaunt O mercifull Father, that I never commit any thing

thing that ſhall offend thy fatherly goodneſſe, but that I may eſchew all vice, embrace all vertue, liue in thy feare, call vpon thy holy name, learne thy godly commandements, heare thy holy Word, avoyde all idleneſſe, and walke in my vocation, to the glory of thy holy Name. Send thy holy Spirit of loue and concord, that I may be content with my calling, liue quietly in the ſame, doe good to all men, and order my life according vnto thy godly will. Grant me to covet with an ardent mind thoſe things which may pleaſe thee, to ſearch them wiſely, to know them truely and fulfill them perfectly, to the laud and glory of thy name: order my living ſo that I may doe that which thou requireſt of me: giue me grace to know it, and haue a

will

will and power to doe it, and that I may haue those things which are most conuenient for my Soule. Gracious God, make my way sure, and straight, that I fall not betweene prosperity and aduersitie, but in prosperitie to thanke thee, and be patient in aduersitie, and that I be not lift vp with the one, nor oppressed with the other, that I may rejoyce in nothing, but that which pleaseth thee, nor be sorrie for any thing, but those that offend thee, desiring to please none but thee, nor fearing to offend any but thee. O loving Father, make all worldly things vile vnto me, and be thou my especiall comfort aboue all: let me not be merrie, but with that which pleaseth thee, and let me desire nothing but thee. Let all labour delight me that is for thee,

and

and let all the reſt wearie mee: make me lift vp my heart vnto thee, and when I fall make me to thinke on thee, and be ſorry for the ſame, with a ſtedfaſt purpoſe of amendement. Grant me faith in thee, and grace I beſeech thee, to be occupied in doing of good workes to thy glory and my comfort, and to truſt in thy mercies, & in Chriſt his merites to be purged from my ſins. Giue me grace to loue thy Word fervently, to ſearch the Scriptures diligently, to read them humbly, to vnderſtand them truely and to liue after them effectually, that my life may be acceptable vnto thee. Teach me ſo to pray, that my petitions may be graciouſly heard of thee. Keepe me vpright among diverſitie of opinions, that I ſwerue not from thy truth. Giue me I beſeech thee

a true ſpirit, that no curious thoughts, nor filthy affections withdraw me from thee. Graunt me grace to know thee, diligently to pleaſe thee, and hope to embrace thee for the precious bloud ſake of that immaculate Lambe Ieſus Chriſt: to whom with the Father and the holy Ghoſt, be all honour and glory world without end, Amen.

A Prayer wherein a ſinner deſireth God to heare him, and forgiue him his ſinnes.

O Lord how long wilt thou reject my praiers which daily I poure out before thee? Wilt thou O Lord, heare me at no time? Or wilt thou ceaſe to ſhew mercy? O cry vnto the Lord O my ſoule, and ſay, Haſt thou O Lord

Lord caſt me away for ever? or wilt thou neuer hereafter be pleaſed with me? favour me O righteous Father, for Ieſus Chriſts ſake that the ſighing, and inward groning of my heart, may moue and incline thee to heare me: graciouſly O Lord, grant me thy mercie, and performe the Covenant which thou haſt made with me, Hold thy holy hand ouer me, and keepe me from ſinne, then ſhall I feare neither Death, nor Hell, and as thou haſt alwayes beene merciſull to penitent ſinners, ſo now good Lord forgiue me my ſins. In the zeale of my heart, I beſeech thee to keepe me in the feare of thee, then ſhall I rejoyce in thy mercy, for that thou haſt looked vpon me, & regarded my ſoule in diſtreſſe. Keepe me in thy ſheepfold, O ſhepheard of my ſoule, and

let

let me neuer hereafter wander frō thy wayes, nor leaue me in troubles: behold my weaknesse is best knowne vnto thee: Looke O Lord vpon my sorrow, and forgiue mee my sinnes. Mollifie my heart, that I may turne vnto thee, and walke in all thy wayes, for I haue walked ouerlong in the way of sinners: my prayers O Lord are poured forth before thee, let thine anger be turned from mee, & let me find fauour in thy sight, Looke not on the hardnes of my heart, but as thou alwayes shewest mercie, so now be mercifull ouer me, and forgiue me all my sinnes. Spare me I beseech thee, and shew on me the abundance of thy mercy, which hast taught me in Christ Iesus to call vpon thee in my necessities. Giue mee grace to acknowledge my owne infirmities

infirmities, that I depending upon thy mercifull goodnesse, may with a strong and stedfast faith, & with a penitent heart, continually call upon thee, for thy grace, mercie and pardon. Hearken O most mercifull God, for thy great mercies sake, to these my humble praiers which I make before thee and consider O Lord, the desires and thoughts of my heart, let my crying out come unto thee, and at my unfained prayers enter into thy presence. Heare me O Lord, for I want thy helpe, care for my soule, save me thy servant, which trust in thee. Have mercie O Lord, have mercie upon me, for I will never cease crying to thee for helpe and mercy. In the day time I will call upon thee, and in the night I will cry unto thee. O God of heaven, and maker of all

things, heare me a most wretched creature calling vpon thee, and take from me all my sinnes. Plant in me O heavenly Father true obedience of thy word, let not the cares of this world deceiue me keepe mee from all vncleane desires: graunt me grace to walke before thee with a good and pure minde, that I may receiue the reward provided for thy sons and seruants. Increase my faith and loue, increase in mee a sure hope of my saluation, increase strength in mee to ouercome and stand against al temptations. Let thy holy Angell keepe and conduct me, that I may euermore walk before thee in godlinesse & righteousnes of life: make stedfast my faith in thy mercifull promises, that I trusting in them, may haue euerlasting life, through Iesus Christ thy

Son

Son our Lord & Saviour, Amen.

A Prayer for a reformed life.

OHeavenly Father, and mercifull God, which of thy only goodneſſe, haſt created and made mee vnto thy owne ſimilitude and likeneſſe: I heartily pray and beſeech thee, remember not my ſins and vnrighteouſneſſe, neither ſuffer thy grievous plagues to hang over me. I haue ſinned, and hainouſly offended thee, yet I beſeech thee, of thy mercy & benignitie to behold mee thy vnworthy childe. I doe not proſtrate my ſelfe before thee, in praiſe of my righteouſneſſe, but in the multitude of thy mercies. I humbly beſeech thee moſt holy Father, be no more angry with me, but turne thy wrath from me, and kindle in me the loue of thy ho-

ly spirit: breake O Lord, my stonie heart, and make it a fleshie heart: that I may feare thee, love thee, and have pleasure in thee: grant me a true understanding of thy word, to love that is to bee loved, to desire that which pleaseth thee, to regard that which is precious in thy sight, and to refuse that which is evill before thee. Give me (O Father) a sorrowfull and penitent heart, that I may humbly serve thee all the dayes of my life. When I fall into sinne through frailtie, worke I beseech thee true repentance in my heart: that I may be sorrie, without desperation: that I may amend my life, and become truely righteous, without hypocrisie: lowly in heart, without fainting: faithfull and trustie, without deceipt: content with

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my owne, without couetousnesse, to tell my neighbour his fault charitably: to pay euery man truely: back-bite no man, nor slander any secretly: to abhorre all vice, and loue and follow all goodnesse earnestly, grant this O Lord, for the glory of thy holy name, Amen.

A confession of sinnes, and a prayer for forgiuenesse of them.

O Almightie God of Israel, my soule that is in trouble, and spirit that is vexed, cry vnto thee, heare me O Lord, and haue mercy vpon me, for I haue sinned against thee. I heartily pray and beseech thee in the bowels of thy mercy, to looke downe from heauen, vpon me thy poore seruant, whose sinnes be infinite, and

innumerable, most hayneus and insupportable : but as they be grieuous and without number, so is thy mercy, more aboundant and without end. Thy mercy is aboue all thy workes : more able to saue, than my sinnes to condemne. Thou O Christ art that good *Samaritan*, that poureſt the Oyle of grace into our wounds, thou art the onely true sacrifice and oblation once offered for the sinnes of the whole world. Therefore O sweete Sauiour, for thy bitter death and passion, and for the glory of thy name, bee mercifull vnto me, and forgiue mee all my sinnes. Grant that as through my wicked life, thou hast beene dishonoured, so thorow my godly conuersation, and integritie of life hereafter, thou mayest be euer glorified. Forgiue

giue me, (O my Saviour) all my sinnes, I most humbly beseech thee, and keepe me euer hereafter from all sinnes. Grant me the assistance of thy grace and holy Spirit, to direct my wayes, and guide my pathes, that I may be innocent from all offences, and that in all things, I may honour and prayse thee, together with the heavenly Father, and the holy Spirit, now and for euermore, Amen.

A Prayer in aduersitie, and for mercy.

ALmightie God, which for my ingratitude, and sinfull life, hast worthily punished mee with affliction and aduersitie, I most humbly beseech thee, to giue mee grace vtterly to detest

and abhorre my former wretched and ſinfull life, and ſtudy daily for the amendment of the ſame: and I am fully perſwaded, that this affliction hath not come vnto me by caſualtie, but by thy permiſſion, and determinate pleaſure, and that thou doeſt beate me with this thy Rodde of correction, becauſe thou wouldeſt nurture me, and call me to vnfained repentance for my former life, to be more circumſpect of a good life: to exerciſe my faith in thy godly promiſes, to try me whether I will be patient, and conſtant in aduerſitie: to make me abhorre vaine pleaſures of this life, and with feruent and continuall deſire, long for the life everlaſting. Therefore I heartily pray thee, to ſtrengthen my Faith, Hope, Charitie, and meeke-

meekeneſſe, that I may patiently beare this thy fatherly chaſtiſement. And grant me that I may daily increaſe more and more in loue towards thee, for I hope all things ſhall happen to the beſt, whether it be proſperitie, health, ſickneſſe, life, or death, and therefore I wholy ſubmit my ſelfe vnto thee, and reſigne all my will to thy moſt godly will and pleaſure, hoping that thou wilt end this affliction to thy honour and glory, and to my moſt profit, wealth, and euerlaſting ſalvation, through Ieſus Chriſt my onely Sauiour and Redeemer, Amen.

A godly Prayer to be ſaid by all perſons at all times.

ALmightie and moſt merciſull Father, grant that aboue

all things, I may reſt in thee, and fully ſet my heart vpon thee, for thou Lord art the true peace of the heart, and the perfect reſt of the ſoule: wherefore thy will in all things be done in me, caſt out of my heart all vnprofitable cares of worldly things, and ſuffer me not to be led with the vnprofitable deſires of earthly vanities, but grant me grace that all worldly, and carnall affections, may be mortified and die in me.

Grant mee the ſtrength of thy holy Spirit, to ſubdue this body of ſinne, with the whole luſtes thereof, that it may be obedient both in will, mind, and members, to doe thy holy will: grant me grace that I may eſteeme all things in this world tranſitorie, and my ſelfe with them, drawing toward my end, O Lord God

which

which art ſweetneſſe vnſpeakeable, turne into bitterneſſe vnto me all tranſitory and earthly delights which may draw me from the loue of eternall things: and for all worldly comforts, giue me the ſweet comfort of thy holy Spirit, for thou Lord art my ſtay, my hope, my Crowne, and my glory: bleſſe me that for the loue of thee I may not ſet by the pleaſures of this world, but crucifie the fleſh, and the luſts thereof, ſo that in a cleane and pure conſcience, I may offer vp prayers vnto thee, and be accepted to haue company with thee, together with the holy Angels and heauenly ſpirits. O euerlaſting Light, ſend downe the beames of thy brightneſſe, and lighten the inward parts of my heart, that I may walke in thy lawes, and com-

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mandements. Giue me grace to reſt in thee aboue all things, aboue all glory, honour, dignitie, and power, aboue all health, beautie, riches, and treaſure: aboue all ioy, pleaſure, fame, and prayſe: and aboue all mirth, and conſolation, that mans heart may feele or take beſides thee. For thou Lord art moſt good, wiſe, and righteous: moſt high mightie, and comfortable, moſt beautifull, loving, and glorious, in whom are moſt perfectly all treaſures of grace and goodneſſe. Therefore whatſoeuer I haue beſide thee, is nothing vnto thee; for my heart may not reſt, but onely in thee. O Lord, who ſhall giue me the wings of perfect loue, that I may flie from theſe worldly miſeries, and reſt with thee? O King of euerlaſting glory, my ſoule cry-

eth

eth vnto thee, with continual gronings, and faith, how long tarrieth my Lord God to come vnto me? when shall be the end of those miseries? when shall I be delivered from the bondage of sinne? when shall I haue my mind onely fixed on thee, and be merrie in thee, with perfect ioy and gladnesse? when shall that blessed houre come, that thou shalt visite me, and make me glad with thy blessed presence? when shall I come unto thee, and enioy those sweet contemplations, which thy blessed Angels haue alwayes? when shall I stand to behold thee and haue full sight and contemplation of thy glory? when shall I be with thee in thy Kingdome which thou hast prepared for thine elect, that I might behold the blessed mansion of thy heauenly

uenly Citie, and the moſt cleare day of eternitie, which thy heauenly Citizens know and feele the joy of, but I the childe of Adam, doe lament and bewaile the miſeries of this wretched life, ſhort and euill, full of griefe and ſorrow, where we are polluted with troubles, wearied with labours, tried with temptations, vanquiſhed with vaine delights, and fleſhly pleaſures of this changeable world, and vnmeaſurably inthralled in intolerable calamities. Wherefore O Lord ariſe & helpe me, comfort me, aſſwage my ſorrow, deſtroy my enemies, the kingdome of ſinne, Sathan, the world, and my wicked fleſh: forgiue me all my ſinnes, and bring my troubleſome dayes to an end. So ſhall I ſing praiſes vnto thee O God of my ſalvation, and magnifie thy

name

name world, without end, Amen.

A short meditation of mans miserie.

WHat was I O Lord, what am I, what shall I be? I was nothing: I am now worth nothing, and in hazard to be worse then nothing, I was conceiued in originall sinne, I am now full of actuall sin: I may hereafter feele the eternall smart of sinne. I was in my mother a lothsome substance, I am in the world a corps of corruption, I shall be in my graue a prey of vermine. When I was nothing, I was without hope to be saued, or feare to be damned: I am now in a doubtfull hope of the one, and in great danger of the other. I shall either be happie by the successe of my hope, or miserable

miſerable by the eſtate of my danger. What I haue beene I know, *viz.* a wretched ſinner, what I am I cannot ſay, being vncertaine of Gods grace: what I ſhall be, I am ignorant, being doubtfull of my perſeuerance. Lord erect my preſent weakeneſſe, correct my former ſinfulneſſe, direct my future frailtie direct it O Lord, from paſſed evill, to preſent good, and future reward, for Ieſus Chriſt his ſake Amen.

An effectuall prayer, for Grace, mercy, and forgiuenesse of Sinnes.

O Heauẽly God, O Father deare
Caſt downe thy tender eye:
Vpon a wretch that proſtrate heere

Before

Before thy Throne doth lie,
O poure thy precious oyle of Grace,
Into my Wounded heart:
O let thy drops of mercy sweete,
Remit my sinnes desert.
My sinfull soule oppressed sore.
With carefull clogs of sinne:
In humble sort, most humbly sues.
Thy mercy for to winne.
Grant mercy then, O Saviour sweete
To me most wretchfull thrall.
Whose mournefull cry to thee alone,
Doth still for mercy call.
Thy blessed will I haue displeas'd
With pleasing of my minde:
And to the lust of worldly things,
My selfe I haue inclinde. (ers,
Forgetting heaven & heavenly pow
Where God and Saints doe dwell;
My life hath almost trod the steps,
That leades the way to hell.
Grant now O Lord, and loadstone
That I no more doe so; (bright

But for my life in sinnes misspent,
My heart may melt in woe.
Alas I sigh, alas I sob,
Alas I doe lament:
That ever my licentious life,
So wickedly was spent.
Grant therefore Lord, with wailing
I may thy mercy crave: (teares,
O Lord for thy great mercies sake,
Let me thy mercy haue.
Restore to life my sinfull soule,
That else is like to die:
Then shall my voyce unto thy Name
Sing prayse eternally.
Now blessed be the Father first,
And blessed be the Sonne:
And blessed be the holy Ghost,
By whom all things are done.
Blesse me O blessed Trinitie,
With thy eternall grace:
Forgiue my sinnes, and grant my soule
In Heaven a dwelling place.

A Prayer of thankesgiuing, to craue Gods assistance, to grant vs his grace to repent our sinnes, and bring vs to the life everlasting.

O Holy Father, God almighty, which diddest vouchsafe of thy vnspeakeable goodnesse and mercy, to send thy onely Son from the high Throne of thy Maiestie, into this vale of woe and miserie, to take our nature vpon him, and in the same to suffer most sharpe and bitter death, to bring our soules to thy heauenly kingdome: O sweete Iesus, enflame my heart vnto thee, with the burning beames of thy loue, and make me euer to thanke thee, and feare to offend thee. O sweete Iesus, my hope, refuge, ioy and health, haue mercy vpon mee, and be mercifull

full vnto me, a poore, needy, vile, wretched, and abominable sinfull creature, giue me remission of all my sinnes, integritie of minde, health of body, needfull foode & rayment, strengthfulnesse of the earth, vnitie of faith, subuersion of heresies, increase of true Religion, earnest devotion, willingnesse to charitie, sincerities in prayer, patience in trouble, joy in hope, and whatsoeuer else is for thy glory, my good, and Soules health, let thy holy sweetnesse possesse my minde, feed my soule with the fulnes of heauenly & inuisible things, separate me from earthly vanities, wholly dedicate my heart to heauenly meditations, giue me compunction of heart, and teares to my eyes, that I may euer bewaile the wickednesse of my life, lift vp my heart and mind I beseech thee from

from the contagions of earthly cares, to the consideration of heavenly joyes, that I may thinke & speake only of thee in this life, & after live with thee eternally. O Lord my gracious God, and onely Comforter of my soule, seeing thou desirest that in all things I should sincerely serue thee, and I through thy grace desire to doe the same, suffer me not O Lord, any more to offend thee, or fall into the relaps of my former follies, but make me heartily sorrie for my offences, and that I may never more sinne against thee. And I humbly confesse my selfe unto thee, that there is not on the earth a more vile or wicked sinner then my selfe. Increase therefore in me I most humbly beseech thee thy grace, and giue me humilitie: that I may perfectly

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know thee in thy Majeſtie, and my ſelfe in my miſerie, and yet through thy gracious helpe I may manfully fight againſt ſinne, and wickednes, & gaine the victories over all my corporall and ſpirituall enemies. I wretched ſinner confeſſe, I haue often offended thee, diſhonoured thee, and neglected thy holy precepts, which aboue all things ought to be moſt deare vnto mee. Thou O Lord, knoweſt I am carnall, full of evill concupiſcence, flowing in fleſhly pleaſure, over-wrapped in fond fantaſies, omitting ſpiritual exerciſes, and mourning for ſinne, in ſpeaking impatient, in hearing godly admonitions negligent, eaſily detained from doing good, and apt to evill. O moſt mercifull Lord, I poore and wretched ſinner, am full of ſorrow and griefe,

for

for that I haue grieuously sinned and offended against thee, wound O Lord my heart with the sorrow of most faithfull and vnfained repentance. Graunt mee thy grace and assist me by thy holy Spirit, that I may for ever hereafter keepe my selfe from all sinne and avoide all occasions of offences. And I most humbly beseech thy infinite Majestie not to forsake, nor suffer mee to be condemned in thy terrible judgment but be mercifull vnto me, and let thy dolorous Passion so helpe me that I may be an inheritour of thy heavenly kingdome, and enjoy everlasting felicitie, and let thy holy Angell so keepe me, as the infernall enemie haue never power over me, which, Lord, for thy mercies sake graunt mee, Amen.

A Prayer to God the Father, of thankeſgiving, and for forgineneſſe of ſinnes.

I Offer vnto thee (O holy Father) the ſacrifice of praiſe and thankeſgiuing: rendring vnto thee the calues of my lips, which of thy goodneſſe haſt made mee: and of thy mercie redeemedſt me. Heare therefore O Lord, the prayers of thy ſeruant, and turne thy eares vnto mee thy poore creature. Day and night will I pray vnto thee beſeeching thee that the thoughts and meditations of my heart may be acceptable before thee: that my mouth may ſpeake of thy righteouſneſſe and my tongue ſet forth thy prayſe. O holy Father, I beſeech thee, that the inward deſire of my heart, may moue and incline

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thee to heare me. I accuſe my ſinfull wayes, and craue thy mercy, and fauour. O ſhew me thy mercy, and forgiue mee my ſins Remember not the ſinnes and offences of my youth, but thinke on thy mercies, and thy couenant made in Ieſus Chriſt my onely Mediatour and Aduocate. It is he O holy Father, whom thou didſt ſend to obtaine mercy for mee; hee was wounded for my offences, and ſtrucken for my iniquities: he died for my ſinnes and through his loue and mercy, hath redeemed mee. Therefore (O Father) for his ſake forgiue mee all my ſinnes, giue mee the true loue of thy law, and great hate of all my ſins: that I may throw the merites of his death and paſſion, dwell with him and thee euerlaſtingly. And vouchſafe I

beſeech thee to direct, ſanctifie, keepe and gouerne my heart and body, my ſenſes, tongue, talke, and comunication in thy holy lawes, and workes of thy Commandements. Grant alſo O Lord that thy holy Angell may be with me, to direct me in the way of peace, truth, and health: that I may be whole, ſafe, and free in thee and by thee, both in this world and in the world to come. O King of glory heare me, and ſaue me, haue pittie and compaſſion vpon me thy weake and vnworthy childe. O Lord helpe me, ſhew thy mercie vpon me, let me doe that which is acceptable in thy ſight, and proſper me in whatſoeuer I goe about. Let me haue an earneſt deſire to doe thoſe things that will pleaſe thee: for vnto thee alone doe I fully and

wholly yeelde, and commit my selfe, which worke ſt all in all, to thy honour and glory, Amen.

A Prayer vnto God the Sonne, for mercie, and forgiueneſſe of ſinnes.

I Am aſhamed, O Ieſu, to lift vp my eyes vnto thee, becauſe my ſinnes are many, and are aſcended and come before thee, ſhew thy mercie vpon me (O Lord) and heare mee, my heart is faint, my ſoule is troubled; O Lord, make ſtrong thy humble and vnworthy ſervant, that my ioy may be alwayes in thee: receiue me of thy goodneſſe into thy favour, and ſhew thy mercy vpon mee, for thou, O ſweete Saviour art mercifull, which wilt not the death of a ſinner, but that he liue I there-

fore, a most wretched sinner, beseech thee to looke vpon mee with those mercifull eyes wherewith thou diddest behold *Peter* bitterly weeping and *Mary Magdalene*, and the *Theefe* on the Crosse: and cause me through thy great goodnesse, that I may with *Peter* weepe, and worthily bewayle my sinnes, with *Mary* to loue thee with a pure and perfect loue: and with the *Theefe*, to see and behold thee in Paradise. Giue mee (O gracious Lord) a pure intention, a cleane heart and a regard to thy glory: in all my actions possesse my minde with thy presence, and rauish it with thy loue: be thou (O Iesu) light vnto my eyes, musicke vnto my eares, sweetnesse to my taste, and contentment to my heart. I am not mine, but thine, claime mee

as thy right, keepe mee as thy charge, loue me as thy childe. Defend mee when I am assaulted. Heale mee when I am wounded: and let me neuer be confounded. Giue mee patience in trouble, humilitie in comfort, modestie in countenance, gravitie in behaviour, puritie in thoughts, righteousnesse in my actions, constancie in temptations, and victory against my Ghostly enemies. O sweete Iesu, stay my inclinations from evill, bridle my appetites with thy grace, quench in me all vnlawfull desire, keepe my eyes from vaine sights, my eares from hearing evill, grant me an earnest desire to amend my faultes: to renew my good purpoles to performe good intentions: correct my errours, erect my infirmities, protect my good endeuours, al-

lay my passions, and make me able to master them, that they never draw mee beyond the rule of pietie. Make mee humble to my superiours, friendly to my equals, charitable to my inferiours, and respectfull to all. Grant me sorrow for my sins, thankefulnesse, for thy benefits, teare of thy judgments, loue of thy mercies, and mindfulnesse of thy presence, Amen.

A very good Prayer to God the holy Ghost, for remission of sinnes.

O Heavenly God, if I haue found favour in thy sight, suffer mee a little to speake vnto thee, and bee no more angry with mee, which by thy wisedome rulest all things. Giue mee thy holy Spirit, that being guided by the same,

ſame, I may neuer be confounded. O comfort the ſoule of thy ſervant, and let thy wiſedome lead and guide me in the pathes of true knowledge: bleſſed is the man that hath his delight therein, I beſeech thee my God, make thou a perpetuall abode with me, and ſend downe from thy throne of Maieſtie, the deaw of thy grace into my heart, that I may alwayes pleaſe thee. O ſend downe from heauen, the ſpirit of wiſedome, that I may haue the true taſte thereof: incline thine eare vnto me, that theſe my humble prayers may aſcend vp before thee. Humbly will I give attendance on thy merciſull hand, and waite for thy ſaving health. Behold me O God ſeely ſoule, gaping for the ſhowers of thy grace, like a barren and dry land. O holy Spi-

rit of God, the third perſon of the Deitie, which by thy divine grace ordereſt all things, graunt me the ſpirit of ſanctification and holineſſe, plant in mee an infallible knowledge of thy truth. O thou which are the Comforter, which inricheſt the hearts of the faithfull with the ſweet taſte of thy word promiſed, breath into my heart a pure faith, that I may acknowledge thee very God, God with the Father and the Sonne. Thou ſeuen-folde diſpoſer of the gifts of God, the hope of ioy celeſtiall: powre into my heart the dewe of thy grace, that being filled with the ſweetneſſe thereof, I may obey thy bleſſed will. O eternall God, equall with the Father, and the Sonne, make ſtrong my ſoule and my body, that by thy graciouſ ayde, I may ouercome the

aſſaults

assaults of my Ghostly enemies, and beleeue, and confesse God the Father, and Iesus Christ his Sonne, with the holy Spirit, proceeding from them both, to bee one God, in persons three, and everlasting in Trinitie and Vnitie, to whom be given, all laud, praise, honour, and glory, for evermore, Amen.

A godly Prayer to the blessed Trinitie.

O Holy, blessed, and glorious Trinitie, God the Father, Sonne, and holy Ghost, three persons, and one omnipotent and everlasting God, three in Trinitie, and one in Vnitie, I prayse thee, I worship thee, I glorifie thee, I giue thankes vnto thee for thy mercifull goodnesse, which

wouldest that I being in darknesse of errour and ignorance, should be made partaker of thy grace and mercy: I beseech thee most glorious and blessed Trinitie, forgiue me my sinnes, haue mercy vpon mee, bring to passe the worke of thy mercifull goodnesse begun in mee, and lead me in all piety and goodnesse. O cause me alwayes to thinke, speake, and doe those things which shall be acceptable in thy sight, that after this life, I may haue the fruition of the Deitie, that liuest and raignest in perfect vnitie, world without end, Amen.

A Prayer for a Woman with childe, for deliverance, and forgiuenesse of Sinnes.

ALmightie & mercifull Father which of thy gracious goodnesse, hast created me a reasonable creature, & of thy bountifull goodnesse hast fructified my wombe, I most heartily thanke thee for this gracious gift, and for that thou hast alwayes preserved mee from all perils of body and soule, and hast so moderated all my paines, pinches, throwes, and pangs, that I haue hitherto right well endured them: keepe mee (I beseech thee) from all perill and danger: and at thy appointed time safely deliver me. Thou hast commanded vs to call on thee in our troubles promising to heare vs, and send vs deliverance: saying, I am with you

you in your troubles, and will deliver you. O most comfortable Lord, who art more readie to helpe, then we to call for helpe: more readie to giue grace, then we to aske for it: I therefore sue vnto thee and call vpon thee faithfully, and say, O Father of mercie, and God of all consolation and comfort, I thy poore handmaide, humbly beseech thee for Iesus Christ his sake, and in his blessed and holy name, that thou wilt vouchsafe to forgiue me all my sinnes & offences, wherewith I haue offended thy godly Maiestie, in thoughts, delight, word, or deede: mercifully preserue me from hence-forth during my whole life from transgressing thy Commandements: dayly increase in mee perfect repentance for my sinnes, and a sure purpose of a-

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mendment of my life, and a diligent ſtudy to walke in thy Commandements. Increaſe in me alſo a liuely faith, a ſure hope; ingraft in me humbleneſſe of heart, meeknes of mind, and cleanneſſe of conſcience. Grant mee that I may be wiſe, ſad, ſober, diſcreet, circumſpect, and well adviſed in all my ſayings: that I may ſtrongly overcome all the temptations of the Devill, the world, and the fleſh: and whether I wake or ſleepe, eat, or drinke, liue or die, or whatſoever I doe, I may doe all to thy honor and glory. Grant me O Lord, that I may feare and dread thee, and that I may faithfully loue my husband, and be obedient to his honeſt requeſts. And for the deliverance of this burthen, and thy gracious gifts, I am aſſured that vnleſſe thou proſper my travell,

all

all womens helpe, and Phyſicke is in vaine: therefore I beſeech thee, that like as thou haſt created this child in mee, and breathed into it the breath of life, ſo at ſuch time, as ſhall ſeeme good to thy godly Majeſtie, thou wilt proſper the birth and deliverance. I humbly beſeech thee, of thy Fatherly pitty to ſtrengthen mee in this my dangerous labour and travell, and ſo ſuſtaine me, that I may patiently beare all my paines, and panges, and ſuffer them not to beaboue my ſtrength: and in the midſt of all my paines, ſo comfort mee, that I may bee able to beare them. Increaſe my faith, O moſt mercifull Saviour: and in the dangerous time of my travell, grant mee I beſeech thee ſpeedy deliverance, and joyfull beholding of my childe, that

I being a worthy Mother, may render vnto thee honour, prayſe, laud and thankes, for thy aboundant mercy, and gracious benefits. And aboue all things, I beſeech thee endue my childe with grace, that it may be one of the number of thine elect, baptized, and regenerate in the holy Ghoſt: and that it may at the yeares of diſcretion learne to know thee, truſt ſurely in thy mercie, heartily loue thee, feare to offend thee, obey thy Commandements, and attaine everlaſting joy and felicitie, through our Lord Ieſus Chriſt, who liveth and raigneth with thee and the holy Ghoſt, world without end,

Amen

A Prayer of thankesgiving, for a Woman, after shee is delivered with childe.

OMost high, mightie, and eternall God, I giue all laud and prayse vnto thy holy Name I magnifie thy might, and marveilous workes, I render vnto thee the Sacrifice of my thankfull heart and vnfained lips, for that it hath pleased thee of thy great goodnesse, to giue vnto mee thy poore creature, so happie, safe, and speedie deliverance, from my great danger of childe-birth, and fully restore me to my former strength. To thee therefore, O Father, with thy Sonne Iesus Christ, and the holy Ghost, will I giue all thankes and prayse, and magnifie thy glorious Name, both now and evermore, Amen.

A Prayer before the receiving of the Communion.

O Ieſus Chriſt, holy, and eternall God, I miſerable man, and wretched ſinner acknowledge and confeſſe, that I am not worthy the leaſt of all thy mercies, and moſt vnworthy to receiue thee vnderthe roofe of my ſoule, by participating of thy moſt bleſſed body and bloud, for horrible and infinite are the ſinnes wherewith I am defiled: therefore the very entrals of my heart are troubled, and my bones doe ſhake, becauſe I finde my ſoule a moſt vnworthy gueſt, for ſo heauenly a ſupper. But thou cameſt not to call the righteous, but ſinners to repentance: and I know, and doe conſtantly beleeue, that notwithſtanding my ſinnes, thou

thou canſt make me cleane, and worthy, and forgiue me my ſins, and through thy power and mercy, I beſeech thee, grant thy grace unto me a ſinner, that I may worthily approach to this heauenly Sacrament. Giue me grace before I preſume to come to the receiuing hereof, I may examine my ſelfe, call my ſinnes to minde and by vnfained and heartie repentance rerurne vnto thee my Lord: make mee with heauie ſobs to confeſſe my ſinnes, and pardon all my offences: accept me into thy fauour, cleanſe me from my wickedneſſe, and forgiue mee all my ſinnes. Poure into me a true and liuely faith, that I may alwayes truſt in thy Word, (annexed to the Sacrament) which promiſeth remiſſion of ſinnes. Alſo graunt that

receiving

receiving this thy Sacrament, I may put off the old man, which is corruption, according to the luſts of errour, and be renewed in the ſpirit of my mind, and put on the new man which after God is created in righteouſneſſe and holines of truth: and though by nature I cannot liue without ſpots of ſinne, yet ſo bleſſe mee that I may never willingly offend thee, but altogether depend vpon thy goodneſſe: and as a true penitent Sinner, repenting of my ſinnes, I may approach to thy heavenly Supper. O Chriſt which of thy vnſpeakeable loue tookeſt our fleſh vpon thee, and didſt become a Sacrifice, and ranſome for all mankinde, and ordainedſt this Sacrament of thy Supper; vnto thee doe I cry, beſeeching thee, from the bottome of my heart

heart that it may please thee, to giue mee grace with an earnest desire, and due reuerence to receiue thy Supper, and thirstingly to seeke for the nourishing of my soule. Lift vp my minde, that in feare and trembling, in faith, and spirituall comfort, I may approach to the receiuing of thy precious bodie and bloud, stirre vp in mee an vnfained desire of this heauenly foode, that from thee the bread of life, and fountaine of saluation, I may receiue vitall iuyce, to the quickening of my soule. O most sweete bread, heale thou my soule, that I may taste the sweetnesse of thy loue: heale my infirmities, that I may delight onely in thee: let my heart eate thee, and with thy sweet sauour replenish the bowels of my soule. come into my heart, and purge

me

me from all my sinnes: enter into my soule, heale and sanctifie mee within, and without. Grant that I may alwayes worthily receiue this blessed Sacrament, and memoriall of thy death, according to thy holy ordinance, that it may increase in mee all goodnesse. Be thou the Buckler, and perpetuall defence of my soule and body, that I may come into thy kingdome, where I shall behold thee face to face: whither Lord for thy mercies sake bring me, Amen.

A Thankesgiving after the receiuing of the holy Communion.

O IESVS CHRIST which hast vouchsafed spiritually to giue me these holy mysteries of thy

thy body and bloud mortifie whatsoeuer is euill in me, and garnish me with thy graces, and vertues: renew my spirit, my soule, and my body, with thy excellent grace. Frame me after thy owne hearts desire, and graunt that I may thinke, speake, doe and desire all things that may please thee. Purge my conscience from dead workes, to serue thee the liuing God. I thanke thee with all reuerence of mind, for bidding me a miserable sinner, vnto the participation of thy holy Supper, and the receiuing of all celestiall riches, whereby thou bestowest on me particularly, all the merits and good things which by thy death thou hast purchased for me, that I may be a partaker and fellow-heire of eternall blessednesse O sacred Banquet, where my

soule

ſoule receiueth ſuch heauenly dainties to comfort the ſoule, and refreſh the inward man: I humbly beſeech thee by thy moſt ſacred bloudſhed for me, giue me grace that participating of this viſible Sacrament I may finde, and feele in my heart, the inviſible working of thy heauenly grace, that as this is ſome refreſhing to my body, ſo it may be a ſpirituall medicine for my ſoule. Raiſe vp in mee by this bleſſed Sacrament, a continuall remembrance of thy bitter Paſſion. Make me retaine it in my mind, as a ſufficient ranſome of my Redemption, let me neuer doubt of the forgiueneſſe of my ſinnes: and as often as Sathan aſſaileth me with his deadly temptations giue me grace to runne to this Sanctuary, as to a ſtrong armour of defence: ſo that no tribulation-

bulation, anguish, nor persecution, nakednesse, perils, sword, life, or death, separate me from Christ my head, wherevpon being made fast by thy holy Sacrament receiued, I (as a liuing member) depend: and let mee know, that I am fed and nourished by thy flesh, and precious bloud, that washed therewith, I giue not my selfe, hereafter to carnall pleasures but liue in all sincerity and truth, as it becommeth those that eate of the immaculate Paschall Lambe. And I beseech thee by thy bitter death, stirre vp my minde, that by often receiuing this thy holy institution, I may consider how bitter a death thou diddest suffer for mee, and how great thy loue was, that made thee to take so shamefull a death for the Redemption of mankind:

mankind: and continually, to yeelde thee heartie thankes for the same. O sweet Iesu, grant if I sinne through frailtie, that I may by and by come vnto thee by repentance, and being by this holy misterie, fast linked vnto thee, I may receiue power and strength from thee to resist sinne, suffer mee not to be separated, from thy Church, but grant that I may be without fault, and commit no sinne, but walke worthy this Sacrament: renouncing the devill, all Idolatry, vices, and carnall desires. Let me not feare to suffer and giue my life for the glory of thy name, that I be never separated from thee. Giue me grace, that laying aside all wrathfulnesse, maliciousnes, and envie, I may forgiue every one as thou hast forgiuen mee. Giue

mee grace, that participating of the bread of eternall life, I may be repleniſhed with the fruition of thy bleſſed ſight, in thy celeſtiall Paradiſe for euer. And at my reſurrection from death, appoint mee a place O merciſull Lord, at thy heauenly Table, where I may taſte the new wine in the kingdome of thy Father, abiding with thine elect Angels, and bleſſed Saints for evermore, Amen.

A Prayer to make ſtrong his faith againſt temptation, and may be ſaid by a ſicke perſon.

O Lord Ieſu, the onely ſtay and defence of my immortall ſtate: my onely hope, and ſalvation: my glory, and my triumph:

triumph: who in the flesh (which for my sake thou tookest vpon thee) didst suffer thy selfe to bee tempted of Sathan, and who onely and alone diddest overcome and vanquish sinne, death, the world, the devil, and all the kingdome of hell for mee, and for my behalfe: and it is thy pleasure that I should keepe battell with those evils, of purpose to reward mee, with a Crowne of glory for it. Giue me I beseech thee, O Lyon most victorious, strength against the roaring Lyon, which continually wandreth vp and downe, seeking whom hee may devoure, Thou being the Serpent that was nayled on high, the true giver of health, give vnto mee thy wisedome, to withstand the waiting of the most subtill serpent. Thou being a Lamb, as white as snow

the vanquisher of Sathans tyrannie, giue vnto mee, one of thy sheepe, the strength & vertue of thy spirit: that through thy force and valour, I may withstand and overcome all the assaults of the Devill, that my ghostly enemie may not glory over me, but that I may conquer him through thee and giue thankes vnto thee: which euer helpest those that trust in thee. My soule, O Lord, longeth for thy salvation, and I haue a good and sure hope therein. O when wilt thou comfort, me a sinner that doe giue, and submit my selfe ful, and whole to thy most blessed will? Ic ommit my selfe vnto thy mercie, therefore I know I shall not perish. I beseech thee most merciful Lord Iesus Christ that thou wilt by thy grace, both now and euer, make strong

strong my soule against all temptations, and cover and defend me with the buckler of thy mercies, against all the assaults of the devill. I acknowledge, that in my selfe, there is no helpe of salvation, but the hope, trust, and confidence of my salvation, is in thy most mercifull goodnesse, I haue no goodnesse in me, but am full of evill, yet I trust, and faithfully beleeue, that thou wilt make mee good, forgive me my sinnes, and make me an inheritor of thine everlasting kingdome. O mercifull Lord, thou wast borne thou diddest hunger and thirst, fast and pray, thou didst suffer, grievous paines, thou gauest thy most precious body to dy, and thy bloud to be shed for my sake: let these things O most mercifull Saviour, saue me: let thy bloud

cleanſe and waſh the ſpots and foulenesſe of my ſinnes: let thy righteouſneſſe cover, and hide my vnrighteouſneſſe: let thy paſſion and bloud, be a ſatisfaction for my ſinnes. Take mee O Lord vnto thee, and giue mee thy grace, that my faith waver not, but be ever firme, and conſtant: that the hope of thy mercy, and life everlaſting never decay in me: that charity waxe not cold in me: that the weaknes of my fleſh be not overcome with the feare of death.

And vouchſafe, O Lord, to ſend me patience, and ſufferance, that I may ſtedfaſtly continue vnto the end: and after liue with thee in eternall glory, Amen.

A Prayer for a ſicke perſon.

LAud, honour, and thanks be given to thee moſt merciſull Lord Ieſus Chriſt, for thy holy incarnation, thy paines and bitter Paſſion. I know thou art my Redeemer and Saviour, I beleeue thou haſt overcome ſinne, death, hell, and the Deuill, ſo as they cannot hurt mee. On thee doe I builde, in thee is my truſt and comfort. O Lord be propitious, and merciſull vnto mee, according to thy great mercies. Leaue mee not, O Lord in diſtreſſe, but deliver me from all evill: ſtrengthen and conduct my ſoule in the great journey that it is to goe, and through thy mercie, forgive me all my ſinnes and grant mee everlaſting life. I have no merites, nor good

workes, which I may alledge before thee, but of euill deeds, and ſinnes I haue many: yet I truſt through thy mercy, to be among the number of them that ſhall be ſaued, to whom thou wilt not impute their ſins, but take them to euerlaſting life. O moſt mercifull God, which according to the multitude of thy mercies, doſt put away the ſinnes of thoſe which truly repent, that thou remembreſt them no more, open the eyes of mercy, and looke vpon mee thy ſicke ſeruant, and pardon and forgiue me, I moſt earneſtly deſire thee, all my ſins. renew in mee moſt loving Father, whatſoeuer hath beene decayed by ſinne, by the fraud and malice of the Deuill, or by my owne carnall will, and frailty, preſerue and continue me in the vnitie,

vnitie of the Church: consider my contrition, accept these my prayers and teares, asswage my paine, as shall be seene to thee most expedient for me: and for that I put my full trust onely in thy mercie, impute not vnto me I beseech thee, my former sinnes and offences, but pardon and forgiue mee, and take me into thy fauour, through the merits of Iesus Christ, I beleeue onely in thee, and thy incomparable mercy, and this faith, O Lord, will I die in, keepe me that I shrinke not from thee, through paine, smart, impatience, temptation, or any thing else, but strengthen and increase my faith, that sinne, death, hell, and the Deuill hurt mee not, for thou art stronger and mightier then they, and in thee doe I trust. O pitifull

Physitian, and healer of soule and body, let mee not bee confounded in sinne, but vouchsafe to cast thy mercifull eyes upon mee a poore and sinfull creature, who am bound and captiue with sicknesse: turne my weaknesse to thy glory, and my health and comfort: and grant that I may so long as I liue, with a true and perfect faith, fight manfully against all temptations of sinne, the flesh, the world, and the Deuill and after this life raign with thee an eternall glory, for euer, and euer. Amen.

A prayer for a sinner, readie to the houre of death.

O Lord Iesus Christ, which art the onely health of all men liuing, and the euerlasting life

life of them that die in thee: I wretched sinner, doe submit my selfe wholy unto thy most blessed will. And being sure that thething cannot perish, which is committed vnto thy mercie willingly now I leaue this fraile and sinnefull flesh, in sure hope thou wilt in better wise restore it to me againe at the latter day, in the resurrection of the iust. I beseech thee Lord Iesus Christ that thou wilt by grace make strong my soule against all temptations, and defend mee with the buckler of thy mercie against all the assaults of the Devill. I see in my selfe no hope of salvation, but all my truft is in thy rich mercie and goodnesse: I haue no merit, which I may alledge before thee: of sins and evill deeds, alas, I see a great heape, but I

truft

truſt through thy mercy, to bee one of them that ſhall bee ſaved and to whom thou wilt not impute their ſinnes, but wilt accept and take mee for juſt, and make me an inheritour of euerlaſting life. Thou gaueſt thy body to dy and thy bloud to be ſhed for my ſinnes: let that thy bloud cleanſe and waſh away all my ſpottes, ſinnes, and offences, and be a full ſatisfaction for all my ſinnes. Let not my faith wauer, but be firme and conſtant in thee, and in the hope of thy mercy, and life euerlaſting: and let not the weakeneſſe of my fleſh be ouercome with the feare of death but grant O moſt mercifull Father, that when death hath ſhut vp the eyes of my body, my ſoule may ſtill behold, and looke vpon thee: and when death hath taken away

a way the vſe of my tongue and ſpeech, my heart may cry and ſay O Lord into thy hands I giue and commend my ſoule: and with thy holy Martyr *Stephen*, I may behold thee in ſoule, and ſay Lord Ieſus receiue my ſoule vnto thee, which liueſt and raigneſt God everlaſting, with the Father, and the holy Ghoſt *Amen*.

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AN EXHORTATION TO FORSAKE THE WORLD.

TAke good Christian the memory of death for thy perpetuall Mirrour, and vnseparable Spouse. Let thy Children be liuely figures of a sorrowfull soule, possesse thy body as thy bondman, fasten thy friendship with the celestiall powers, they will be patrones vnto thee in thy finall passage: remember you are in the wayning, and the date of your pilgrimage is well neere expired, and now it behoo-

veth

ueth you to looke toward your Country: your force languisheth, your senses impaire, your body droopeth, and on euery side the ruinous cottage of your faint and feeble flesh, threatneth fall. And hauing so many harbengers of death, how can you but prepare for so dreadfull a stranger? The young may die quickly, for the old cannot liue long: the young mans life by casualtie may be lengthned, but the old by no Physicke can be preserued. Greene yeares must thinke of the Graue, and the thoughts of old age should alwaies dwell in the same. Be mind full of things passed, carefull of things present, and prouident for things to come: Vse the priuiledg of nature, to the benefit of your soule: be wise in well doing, and watchfull for your end, serue not

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the world, for it can giue you nothing that is good & permanent, but of pride, envie, lechery, hate, ire, malice, folly & all evill things infinit, wher man is defiled with ſin, diſquieted with troubles, oppreſſed with labors, vexed in temtations, ouercome with vaine delights, & pleaſures of the world, and miſerably wrapped in many calamities. It is Ambaſſadour of the evill, a ſcourge of the good, a tyrant of the vertuous, a breaker of peace, a friend of war, a ſweet of vices, a gaul of vertues a freind of lies, an inventer of novelties, travell to the ignorant, a hammer for the malicious, a table of gluttons, a fornace of concupiſcence a perill of the heart, a danger of the thoughts, a ſepulcher of the dead, a priſon of the living, a pit-fall to the rich, a burthen to the poore, a

houſe

houſe of *Pilgrims* a den of theeves a ſlanderer of the good, a renowner of the wicked, a deceiver of all. We haue no cauſe to loue the world, for it gaue vs an vnhappy welcome, a hurtful entertainment and will abandon vs with an vnfortunate farewell. Alſo it doth torment vs, expell vs, & conſume vs, and heauen doth comfort vs, keep vs, exalt vs, reioyce vs and eternally cõtinue vs. You haue too long ſown in a field of flint, which could bring forth nothing but a crop of care, and affliction of ſpirit, rewarding your labours with remorſe, and affording for your gaine eternall dammage: it is time to leaue ſo unthriving a husbandrie, and to ſow in Gods field the ſeedes of repentant ſorrow & water them with the teares of humble contrition, ſo ſhall you

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reape a more beneficiall harueſt, & gather the fruits of everlaſting comfort. Thinke your ſpring is ſpent, your ſummer overpaſt: you are arrived at the fall of the leafe and Winter colours haue ſtained your hoarie head. Though our loving Lord beare long with offenders yet he will ſcourge them and his patience is only to lend us reſpit to repent, not leaſure to ſin Hee that is toſſed with many ſtormes, and cannot come to his deſired port, maketh little away but is much turmoiled: ſo he that paſſeth many yeares, and purchaſeth ſmall profit, hath a long being, but a ſhort life. For life is more to be meaſured by vertuous actions, then number of dayes. Some men by many dayes procure many deathes, and others, in a ſhort ſpace attaine life everla-

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ſting. What is the body without the ſoule but a corrupt Carkaſe? and what is the ſoule without God, but a ſepulcher of ſin? Man was made and ſent hither, to no other purpoſe, but onely to ſerue God in this life, and to enioy heaven, and life everlaſting in the world to come. If our end be the kingdome of heauen, why affect we ſo much the earth? If we were made for God, why ſeek we gredily the fauour of worldly men? If our creation be eternall ſalvation, why follow we vanities, and tẽporalities of this life? If our inheritance be to raigne as Kings in heaven, why do we like *Eſau*, ſel away our birthright for vanities before we haue it, & why liue we like ſervile ſlaves, in danger to be divided from God & his Angels, from our Saviour Chriſt, and the com-

communion of Saints from hope of our inheritance, our celestiall portion, and life euerlasting? If God be the way, the life, and the truth: he that goeth without him strayeth, hee that liveth without him dieth, & he that is not taught by him erreth: God is our true and cheife life, from whom the revolting is falling, vnto whom the returning is rising, in whom the staying is sure standing. God is he, from whom to depart is to die, to whom to repaire, is to reviue, in whom to dwell, is to liue. Be not you like those, that begin not to liue till they be ready to die, and then after a foes desert, come to craue of God a friends entertainement, not in time looking for their salvation, but living like the three worldly fooles, the covetous, as he in the Gospel, who had

had layd vp for many yeares, and that night had his ſoule taken from him; the voluptuous, as *Sardanapalus*, who periſhed in the midſt of his pleaſures: the proud or fantaſticall, whom the Devil, overcommeth, either with vaine delights or pride in themſelues who diſdaines his ſuperiours, becauſe they are better then himſelfe, his equals, becauſe hee is as good as they; his inferiours, becauſe they are not ſo good as himſelfe. Some thinke to ſnatch heaven in a moment, which the beſt ſcarce attained in many yeares, & when they haue glutted themſelves with worldly delights, they would iump from *Dives* his dyet to *Lazarus* crowne, and from the ſervice of Sathan, to the ſolace of a Saint. But be ſure that God is not ſo penurious of friends, or his king-

kingdome ſaleable for the refuſe and reuerſion of their lives, who haue ſacrificed the Prinicipall thereof to his enemies, and their owne brutiſh appetites, then only ceaſing to ſin, when ability of offending is taken from them: what thankes is it to pardon our enemies, when we cannot hurt them? To giue away our goods, when we can keep them no longer? To abandon our pleaſures, when we can vſe them no more To forſake ſin, when ſin leaueth vs? God may be mercifull at the laſt gaſpe, but miſerable is that man, that layeth the Anchor of his eternall wealth, or woe, vpon ſo vncertaine a point.

The Theefe may bee ſaued on the croſſe, and mercy found at the laſt, yet it is ſcarce credible, that his death ſhould finde fauour, whoſe

whole life earned wrath or that his repentance ſhould bee accepted, that more for feare of hell, and loue of himſelfe, then for loue of God, or loathſomneſſe of ſinne, cryeth for mercie: wherefore make no delay, but being neare the breaking vp of your mortall houſe, before extreamitie, take time to ſatisfie Gods juſtice. Though you ſuffered the bud to bee blaſted, the flowre to fade, the fruit to periſh, the leaues to dry vp, the boughes to wither, and the body of the tree to grow to decay, yet keepe life in the roote, for feare leaſt the whole become fuell for hell fire for where the tree falleth there it lyeth, and ſuch ſappe as it bringeth, ſuch fruit ſhall it beare. Imagine that death hath filed from you the better part of your natu-

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rall forces, and left you the lees of your dying dayes: Therefore ranſome your former loſſes. You are impathed in your finall voyage, and are not far from the period of your courſe, be not therefore diſpurveyed of ſuch things as are needfull in ſo perillous a journey Men in this life labour much to get worldly things, they doe carefully beginne them, well proſecute them, and effectually end them: But of the great affayre of winning heavē or falling into hell there is had no reſpect; Neither doe they remember, that there is a hell for ſinners, a heaven for good livers, a dreadful day of judgment and a moſt ſtraite account to bee made, death it ſelfe is very feareſull but much more terrible in regard of the iudgment wherunto it ſummoneth vs. If you were laid on

your departing bed, wearied and worne with dolor and paine, burdened with the heavie load of your former treſpaſſes, goared with the pricke and ſting of a feſtred Conſcience: If you felt the force of death wreſting your heart ſtrings, readie to make the rufull divorce between body and ſoule: If you lay panting for breath: ſweating a fatall, faint, and mortall ſweate, wearied with ſtruggling againſt deadly pangs. O how much would you giue for a dayes contrition, or an houres repentance? Then worlds would bee worthleſſe in reſpect of a little reſpite. Nothing would be ſo much eſteemed as a trice of time, which now by monthes and yeares is laviſhly miſſpent. O how deepely would it wound your hearts, when looking backe into your life

life, you found many faults committed, and not repented, many good deedes omitted, & not recovered, your service to God promised, and not performed. How inconsolable were your case, your friends being fled, your senses frighted, your thoughes amazed, your memory decayed, your minde agast, and no part able to performe that it should, but onely your guiltie Conscience pestered with sinne, that would continually accuse you? what would you doe when stripped out of mortall weede, and turned out of service and house-roome of this VVorld, you were forced to enter into vncouth and strange pathes, and with vnknowne and ougly company, to be conventedbefore a most severe Iudge, carrying in your owne Conscience, your in-

diremẽt readie written, and a perfect Regiſter of all your miſdeedes, when you ſhould ſee our Saviour Chriſt, (a juſt and ſevere Iudge, whoſe knowledge is infallible, his power infringible, his juſtice inflexible,) (of exceeding dreadfull Majeſtie, cloathed in linnen apparell, through which his bodie ſhineth like precious ſtones, his eyes like burning Lampes, his face like flaſhing lightening, his armes and legs like enflamed braſſe, his voyce as the ſhout of a multitude of people) prepared for your idle words, evill deeds, time miſ-ſpent, Talent evill governed, and for your ſinne committed, to paſſe the ſentence vpon you, againſt whom you had tranſgreſſed, and he your vmpire, whom by many offences you had made your enemie, when you

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ſhall ſee all things cry for vengeance againſt you, all things yeeld you cauſe to feare and horror. Aboue you the Iudge offended with you for your wickednesſe and offences: Beneath you, Hell open, and the cruell Fornace readie to receiue you: On your right hand, your ſinnes accuſing you: On your left hand the devils ſtanding readie to execute Gods everlaſting ſentence vpon you: Within you, your conſcience accuſing, Without you, damned ſoules bewayling on every ſide the World burning, and you, ſtand as a moſt deſperate, forlorne, and miſerable wretch, to receiue the fearefull and irrecoverable ſentence: when not onely the devills, but alſo the Angels ſhall pleade againſt you, and your ſelfe manger your

ſelfe, be your ſharpeſt appeacher: What would you doe in theſe dreadfull exigents, when you ſaw the gaſtly Dungeon and huge gulfe of Hell, breaking out with moſt fearefull flames? When you ſaw the weeping and gnaſhing of teeth, the rage of theſe helliſh monſters, the horror of the place, the rigour of the paine; the terror of the company, and the eternitie of all theſe puniſhments; where the fire is vnquencheable, the paines vnſupportable, eaſeleſſe, endleſſe, and hopeleſſe. Our fire may be endured, that is intolerable; Ours is for comfort, that for torment; Ours muſt be fed or it goeth out, that burneth continually without feeding. Ours giveth light, that none; Ours conſumeth the matter, and endeth the paine, that tormenteth, but

but never conſumeth, to make the paine perpetuall : Our fire will be extinguiſhed with water, or cooled with ayre, but nothing can extinct it, abate it, or qualifie it : ours is but painted in regard of that. There idle perſons ſhall bee pricked with burning Forkes : Gluttons tormented with hunger and thirſt : Epicures and Voluptuous perſons ſhall boyle in burning pitch, and ſtinking brimſtone : The proud ſhall haue ſhame, the covetous miſerable penury, where there is no reſt nor comfort : The poore and meeke ſhall triumph, & the proud ſhake, then ſhall the wicked ſigh, and the memory of miſery bee ſweete: The godly ſhall rejoyce ; the reprobate houle : Then ſhall baſe apparell be glorious, and proud attire infamous : the poore cot-

sage shall bee more commended than the guilded Palace prayſed, simple obedience shall bee better than subtiltie, and a cleare conscience more pleasant than profound Philosophie, zealous prayer shall be more worth than fine tales, good workes more accepted than sweete words. Would you then thinke them wise that delay so weightie matters, and idlely play away the time allotted to preuent these intolerable calamities, would you then account it secure to nurse in your bosome so many Serpents as sinnes, or to foster in your soule so many malicious accusers, as mortall faults? would you not think one life too little to make repentance for so many iniquities the least whereof is enough to cast you into euerlasting and vnspeak-

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able torments. On your body you ſhall experience thoſe deadly agonies, in your ſoule you ſhall finde thoſe terrible feares, and in that preſent eſtate the deepeſt danger, if you doe not the ſooner returne vnto God. Then devote the remnant of your dayes to make an attonement with God, and to free your conſcience from ſuch corruption, as by ſinne you are fallen into. What haue you gotten by being ſo long a cuſtomer vnto the World, but falſe ware ſutable to ſuch a Marchants Shop, whoſe traffique is toyle, wealth trash, and gaine miſerable. What intereſt haue you reaped, that may equall your detriments in grace and vertue, Or what in a vale of teares can you finde parageable to the favour of God? Let not youthfull paſſions delude

you, for time tries them follies: Let not feare miſ-leade you, for there is more cauſe to feare God than man, and to ſtand in awe more of perpetuall then temporall puniſhments. Who would relie eternall affaires vpon the gliding ſlipperineſſe of uncertaine life? O who but one of diſtempered wit would offer fraud to the diſcipherer of all thoughts; with whom wee may diſſemble to our coſt, but to deceiue him it is impoſſible? Will you account it cunning to rob the time from him, (and beſtow it vpon his enemies) who keepeth tale of the leaſt minutes of our life, and will examine in the end, how each moment hath beene imployed? It is prepoſterous policie to fight againſt God, vntill our weapons be blunted, our forces conſumed,

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our limmes impotent, our beſt ſpent, and when we are faine for faintneſſe, and fought our ſelues almoſt dead, to preſume of his mercy, whom we haue ſo much offended. It were a ſtrange and exorbitant courſe, while the Ship is ſound, the Pilot well, the Sailers ſtrong, the gale favourable, and the Sea calme, to lie idle at rode, looſing ſo ſeaſonable weather, and when the Ship leaketh, the Pilot ſicke, the Mariners faint, the ſtormes boyſterous, and the Sea turmoyled with outragious ſurges, then to lanch forth, hoyſt ſayle, and ſet out for a farre voyage; ſuch are our evening repenters, who in the ſoundneſſe of health, and perfect vſe of reaſon, cannot reſolue to cut the Cables, and weigh the Anchors, that hold them from God; but when

their

their ſenſes are aſtonied, their wits diſtracted, their vnderſtanding dulled, and both body and minde tormented with gripes of mortall ſickneſſe, then will they thinke on theſe waightieſt matters, and become ſuddaine Saints, that are ſcarce like reaſonable creatures. How can one animated with inward garboiles of vnſetled Conſcience, diſtained with fits of dying fleſh, maimed in all his habilities, and circled with ſo many ſtrange incumbrances, be fit to diſpoſe of his cheifeſt Iewell his ſoule, & to diſpatch the whole mannage of all eternitie and treaſure of heauen, in ſo ſhort a ſpurt? They that will loyter in ſeede-time and begin to ſow when others reape; Thy that will ryot in health, and caſt their accounts when they cannot ſpeake: they

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that will sleepe in the day, and iourney in the night, let them blame their owne folly, if they die in debt, and fall headlong into eternall perdition.

Let the griefe of the sore be the measure of your sorrow. Let a deepe wound haue a diligent cure let their contrition bee according to their crime, and their repentance like their sins. We must passe the day in mourning, the night in watching & weeping, our whole time in dole-full lamenting, fall prostrate on the ground, humbling our selues in sackecloth and ashes. Not every short sigh will bee a sufficient satisfaction, not every knocke a warrant to gerin: many cry, Lord, Lord, and are not accepted, The foolish Virgins knocked, but were not admitted: *Iudas* had sorrow, yet dyed desperate

desperate. Linger not off thy conversion from day to day, for sodainely will his wrath come and destroy thee. Let no man sojourne long in sinfull securitie, nor put over his repentance, till feare inforce him to it. Let vs frame our beginning, as we meane to end, and endevour to liue, as wee desire to die. Shall wee offer the maine crop to the Devell, and leaue God the gleaning? Shall we gorge the Devill, with our fairest fruits, and turne God to feed on the scraps of his leavings? If Hell fire were prepared for the Devill, and the Kingdome of heaven for man, let vs then provide for our selues, and not loose our inheritance by persisting in sinne. So long as we liue, it is possible by vnfained repentance to wash away all our sins, how great soever, but when

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we are dead, albeit our teeth doe gnaſh, our mouthes cry out, our eyes guſh forth teares, and our hearts from the very bottome of our hearts, lament with innumerable complaints, it ſhall not a vaile vs, no man ſhall heare vs, no man ſhall aſſiſt vs, nor ſo much as comfort vs, then ſhalt thou find, that thou haſt loſt all thy labour and time, and all opportunitie of thine owne commoditie: Thou ſhalt then find thy error vnrecoverable, thy puniſhments vnſupportable, thy repentance vnprofitable, and, thy griefe, ſorrow, and calamitie inconſolable.

O! that we would ſuffer the ſoule (as ſhee ſhould) to haue the ſoveraigntie, and the bodie follow the ſway of her directions, and not let ſervile ſenſes, and lawleſſe appetites rule her as ſuperiors, & make her

her a Vassall in her owne Dominions, not suffer her to be mis-led by her three Sutors? the world which promiseth all faire things, and beautifull, but will serue you as *Laban* did *Iacob*, who promised him faire *Rachel* for his service, but deceived him with bleere-eyd *Leah*: The flesh who pretendeth nothing but loue vnto her, but if it overcome her it will betray her† to her enemy, as *Dalila* did *Sampson* vnto the *Philistians*: the Devill who wil promise her all the world as he did Christ, but if he win her, he will devoure and torment her; Doest thou not desire to haue all things good, as good Houses, good Furniture, good Apparell, good Fare, good Cattell? Yea, and thy Hose and Shooes good? Onely thy poore Soule, thy principall charge (and of all things worthy

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to bee the beſt) thou art content ſhall be the worſt and liecankering and ruſting in all kinde of evils. O vnſpeakable blindneſſe, that refuſe to weare an evill ſhooe, and do not care to carry an ougly and deformed ſoule; alas! let vs not ſet ſo little by that which God prizeth ſo much, nor rate our ſoules at ſo baſe a penni-worth, being of ſo peereleſſe dignitie.

If the Soule bee ſo ineſtimable, that not all the gold and treaſure, nor any thing of leſſe price than the bloud and life of Almightie God was able to buy it: If not all the dainties that heaven and earth could affoord, but onely Gods owne precious bodie was deemed a repaſt fit to feede it: If not all the creatures of this, or millions of new Worlds if they were, but onely the illimitable goodneſſe and

and Majestie of God, can satisfie the desire, or fill the compasse and capacitie of it (for who is so insensible, that findeth not the insatietie of his soule) who but of perverse will, incredulous minde, or pittilesse spirit, would set more by the World, than his Soules health, or suffer so noble a Paragon, so many moneths and yeares, to lie channelled in ordure, and myred in all sinne: We will seeke a Physition for our sicke servant, haue a Leach for our diseased Horse, and amend our torne garment, and we suffer our soules to die for want of cure, and seeing it mangled with many vices, never seeke to restore it to the wonted integritie. Is our servant more neere, our beast more precious, or our coate more deare then our owne soule? Wouldst thou liue like Epicues, rwe

sinne

ſinne like Atheiſts, we ſtruggle and ſtrive againſt Gods callings, and like violent Rebels, ſcorne his Commandements. And with daily and damnable wounds, barbarouſly ſtabbe our vnfortunate ſoules: This we account no contumely, we reckon it no diſcredit, but rather regiſter it for our cheifeſt prayſe. How long will you thus follow vanities and ſins, running careleſly and wilfully vnto your owne ruine? Dare you not ſuffer a Spider, or a Toad to come neere you, and can you neſtle in your ſoule ſo many vipers as vices, and permit it to be ſo long chewed, & wearied with the poiſoned jawes and tuſkes of the devill? Is our ſoule ſo vaine a ſubſtance to be had in ſo little eſteeme? did Chriſt become a wandring Pilgrim, exiling himſelfe

ſelfe from the comfort of his Godhead, and paſſing thirtie three yeares in paine and penury for our ſoules: hee ſuffered the tragedy of his Paſſion bloudily inflicted, & patiently accepted, he made his bodie as a cloud to diſſolue into ſhowers of innocent bloud, and ſuffered the deareſt veynes of his heart to be launced, to giue a full price for our ſoules redemption. If Chriſt did redeeme vs with ſo exceſſiue a ranſome, why ſell we our ſoules to the Deuill for every vaine delight, and ſilly pittance of worldly pelfe; O that a creature of ſo incomparable a price, ſhould be in the demaine of ſo vnnaturall Keepers: and that which is in it ſelfe ſo gracious, and amiable, that the Angels and Saints delight to behold it ſhould by ſinne be made ſo lothſome, as to become a horror

horror to Heaven, and a ſuitly Pheere for the fowleſt fiends? We muſt remember our ſoule is not onely a part of vs, & the moſt principall, but alſo the Temple the Paradiſe, and Spouſe of Almightie God, by him in Baptiſme garniſhed, ſtored, and endowed with moſt gracious ornaments, How wil he take it to ſee his temple prophaned, and turned to a den of devils? His Paradiſe diſplanted, and made a wilderneſſe of Serpents? his Spouſe defloured and become an adulteſſe to his enemies? durſt wee offer ſuch vſage to our princes? would not the feare of the Law and popular ſhame keepe vs from it? And ſhall not the reverend Majeſtie of Almightie God, and the vnrebated juſtice of his angry ſword terrifie vs from offering the like to his owne

owne Spouſe: VVill he that keepeth account of our very haires, ſee himſelfe ſo much wronged in the principall, and paſſe it vnpuniſhed? Remember it is a thing full of horrour, to fall into the hands of God, who is able to cruſh the proud ſpirits of the obſtinate, and make his enemies his foote-ſtoole. VVreſtle not againſt the cryes of your owne Conſcience, but liue ſo as he may willingly goe with you, and before the Throne of God anſwere for you.

There was a man had three friends, two whereof he loved moſt intirely, the third he made no great account of: this man being ſent for to come before his King, came and deſired his firſt friend to goe with him, but he would not goe with him, but brought

brought him part of his way: He went to the ſecond friend, and deſired him to goe with him, but he could not, but gaue him ſomthing for a remembrance: he went unto the third friend, of whom he made no account or reckoning, and he went with him to the King, and anſwered for him in all matters whatſoever,

So man in this world being ſent for by Death, comes to his Wife, Children, or Friends, to goe with him, but they will not, but bring him to his graue: Then he deſires his Goods and Subſtance to goe along with him; they cannot, yet they giue him a ſheete: But his Conſcience will goe with him, and anſwer for him before the throne of God. Haue therefore a care to keepe a good Conſcience, and prouide afore-hand, as this King

of

of whom I tell you did.

There was a Countrey, where the Commons chose their King, and againe at their pleasure banished him into a farre Countrey almost naked. One (more wiser then others) as soone as he was chosen King, he sent daily and continually something into the other Country, so when his owne people did banish him from them, he was (having made a good preparation before) most princely and royally receiued there,

So let vs provide in this world that we may be joyfully receiued into heaven: If you would avoid vaine pleasures, cast away worldly cares, thinke on celestiall things, regard your saluation, and now in life lay vp treasure in heaven, and provide to be received into everlasting ioy: what a quiet con-

science

science should you haue? What a joy should you feel in your soule Set then your minde on God, account your selfe a Pilgrime on earth, leaue the affaires of the World, for this is no abiding place. For small wages men run farre, for little mony men shamfully contend, and wearie themselves night and day, & for mean profit labour long: But for eternall life, goods immutable, reward inestimable, honour endles, and immortal glory, few wil take any paines, or step out of doores God is the way inviolable, wherin we must walk, the truth vnfallible, whereunto wee must trust; and the life euerlasting, whereunto we must hope, therefore embrace mercy before the time of rigor, and returne by repentance, least he barre you his Kingdome,

you haue beene too long in the Tabernacle of sinners, and straye too farre from the folde of Gods flocke; turn the bias of your heart to the Citie of Refuge, and your Salvation; recompence your steps trodden in Folly, with a zealous progresse to Christian profession your Spring tyde is falne, the streame of your life runneth at a low Ebbe, your tyred ship begins to leake and grate on the gravell of your graue, it is high time to strike sayle and put into harbour least some suddaine gust, and the wicked weather of this time dash you on the Rocks of eternall ruine, tender the pittifull estate of your owne soule, & be hereafter fearfull of hell, and more eager of heaven than of worldly repose I must conclude, unlesse I bee too tedious, in a matter that deserues

to

to be endles, for the miſery of the ſoule is ſo great if it fall, the reward is ſo exceſſiue, if it ſtand, the enemies ſo malicious that aſſault it, the Iudge ſo juſt that muſt proceed vpon it, that to raiſe it from the lapſe, and to preſerue it from reciduation, no number of helps can be more than needfull, nor any perſwaſion more vehement then neceſſary.

Howſoeuer therefore the ſoft gale of your morning pleaſure, lulled you in ſlumbering fits: howſoeuer the violent heat of noone, might ſtirre vp your affections, yet in the coole and calme of the euening retire to a Chriſtian reſt, and cloſe vp the day of your life, with a clear Sun-ſet, that leaving all darkneſſe behinde you, and carrying in your Conſcience, the

light of grace you may escape the horror of an eternall night, and passe from a mortall day to an everlasting morrow, which the Lord grant for Iesus Christ his sake,

Amen.

A

A Perſwaſion not to *feare death.*

MAN was made to die, begotten to die, borne to die, and came into the world to die, and none ought to deſire to live. Nothing is more ſure than Death, nothing more vncertaine than whan, where, or how: None have reaſon to regard the world, wherin we have nothing good & permanent, but a vale of vanitie, and vexation of minde (*Quia nemo ſua ſorte contentus*) no man is content with his owne eſtate. It is a vitall la-

byrinth, and confuſed Chaos, affording vs nothing but fraud, folly and fleſhly ſenſualitie. All things in it offend us: the Fire burnes us, the water drownes us the Heate grieuous us: the Cold hurts us: the day is toyleſome, the night uncomfortable, and we can endure no dolorous thing, ſo the time wee liue in this world, cannot be accounted life, but a liuing Death. Our wretched remaining here is ſuch, that our time daily diminiſheth, and our trouble encreaſeth. All that haue bin borne are borne, or ſhall be borne, are in this life miſerable, al croſt with Cares, ſome with loſſe of friends ſome of Children, ſome of goods ſome oppreſt with Foes, ſome abuſed with Back-biters, & Slāderers, their credit blemiſhed, their reputation ſcandalized, and ſub-

ſtance

ſtance conſumed, and there is none but are with ſomething diſturbed. There is no calling ſo holy nor place ſo ſolitarie, but you ſhall there finde troubles to try you: and adverſitie to diſquiet you. So there is no man from the King in his Throne, to the Captiue in Chaines, but doth taſte of miſery, and many diſcontents. Who therefore (to free himſelfe from worldly ſorrowes) would feare but rather deſire Death, which makes vs happy? for therby wee avoyde the intolerable troubles on the earth, and inioy perpetuall bliſſe in heaven. Since then Death is the end of miſerie, who would deſire to live euer in labours and perils? Death is nothing but a ſevering of the ſoule from the body: and freeing it from the ſervile bonds of the

vain fleſh, & remooving vs from evill to good. Death is but the paſſing from this vale of teares to the place of all happy beatitude in the celeſtiall manſion, accompanied with holy Saints and heavenly aſſociats, it is no looſing but a chainging of a bad place for a better: Which every one ought to deſire.

Priamus was bleſt with the Kingdome of the famous City of *Troy* a good Wife and fiftie Children, and had what joyes might be deſired, yet hee ſaw his Wife and Children ſlaine, his Citie ſackt, and himſelfe was killed at *Ioues* Altar: how happy had he been if he had died before thoſe dayes for in lieu of worldly troubles, he had reaped eternall glory! Good men ſhould imitate the Swanne, *Apolloes* bird, which in the world

euer

ever mourneth, but when it is ready to die (as knowing the goodneſſe of Death) it ſingeth. As in ſleepe our body is free from labour: ſo our Soule by Death is delivered from all dolours. It is therefore good to die, but many dolefull dayes doe wee endure before wee find that happy houre wherein we ſhal enioy all perpetuall pleaſures. Wiſe men ſhould not feare Death: for nothing is better than Death: no life can be long, and it is often by caſualtie abridged. What more pleaſing thing can there be than Death? It doth wholy disburthen vs of all care, all griefe, all ſolicitude, all ſorrow, and freeth vs from all vexation whatſoever. The dead reſt in a ſure Haven, and wee living, ſaile in a raging Sea. The good dieth not, but liueth, and

the evill living dyeth, and as the Heathen Philoſophers ſayd; All thoſe that live purely and juſtly and not contaminate themſelves with ſinne, are either made Gods or goe eaſily to the Gods. The dead haue reſt in heaven and we with the living haue paine and trouble in the World. It is therefore a joy to die, to be delivered from the thraldome of this ſorrowfull life, for they haue all the pleaſures may be invented, that are out of this woefull world. Being here wee muſt die, and being in heaven, we live eternally, there is no paine but pleaſure, no ſorrow but ſolace, no ſighing, but ſinging, no feare of death, but ſure of everlaſting life, ever enjoying ſuch ineſtimable joyes, as no eye hath ſeene, nor eare heard or heart comprehended. In this life

life we know not what glory meaneth, and after Death, wee shall not know what paines are. God, knowes those that serue Him, those that offend Him, those that love Him, those that hate Him, those that praise Him, those that blaspheme Him, those that thank Him, those that are vnthankefull: And is better pleased with obedience than Sacrifice. There is nothing so good as the end of this life, for Death is the true refuge, the perfect health, the sure hauen the full victory, and finall finishing of all terrestriall troubles. It is a thing inheritable, an eternall sleepe, a dissolution of the body a terror of the rich, a desire of the poore, a Pilgrimage vncertaine, a Theefe of men, a shadow of life a Sepulcher of the living, a companion of the dead, a dissolution

of

of all, the reſt of trauels, the end of idle deſires and vaine delights the ſcourge of evill, the reward of the good, the finall end of all fleſh; of all thoſe infinite numbers that are dead, none ever returned to complaine of Death, and of thoſe few that live, moſt complaine of life. There is no King, Prince, Poore, Sicke, or Whole, nor any Vocation contented, but the dead in their Graves are in peace and reſt, and though wee have ſorrow and vexation in Life, yet we ſhall have joy and Conſolation after Death.

O happy are they that dy well for it is leſſe evil to ſuffer a ſpeedy death then endure a diſcontented Life. For by death wee are freed from mundane travels, and enioy heavenly pleaſures. There

is

is nothing in this life worthy of love, nor any thing in Death wee need to feare. As all things before the first day were Eternall, without day or yeare, so all things shal be eternal after the judgement: as we had nothing before our birth, so we shal possesse nothing after our Death: What blindnesse is it then to love any thing in this life, seeing we can carry nothing with vs at our death: *Callimacus* living in all delights, and reading *Platos* Booke against death, cast himselfe into the Sea. *Cireneo* read such Lessons to despise death, that many of his hearers (being Heathens) killed themselves. *Diogenes* desired to die, but cared not for buriall. *Lampsacus* dying was demanded where hee would be buried he answered, where they wold: for the way to heaven was

every

every where *Thezanius* died with a worthy minde, for being commanded to Death, by the thirtie Tyrants, he tooke the poiſoned Cup and thirſtingly drunke it off; and then laughing at them for ſo pleaſuring him, ſayd, they made him happy by putting him to Death; With the like minde died the worthy *Gracchus*. So died the famous *Spartane*: and greatly reioyced he ſhould be diſſolued from the bondage of the World. When it was told *Lucius*, his ſon was ſlaine at the wars he reioycing, ſayd, to that purpos I begot him. The like anſwer made the *Roman Matron* when ſhee heard her ſons were ſlaine ſhe not ſorrowing ſaid, I am glad I bore them to dy ſo worthily for their Countrey.

Creſphontus ran to his Death

to

to deliver his Country: *Curtius* leapt into the gulfe to preſerue *Rome*, *Scævola* loſt his hand to ſave the Citie; *Menechus* killed himſelfe, to free his native ſoile ſo did *Harmitus*, *Codrus*, *Ariſtogiton*, *Epaminondas*, and divers others. The Temple at *Delphos*, where the Oracle of *Apollo* was, for want of reparations fel down to the ground, then *Triphon* and *Agamedo*, two noble perſons, of *Greece*, wiſe, and rich, as well with the labour of their perſons, as great expence of their goods, built the Temple againe. When it was fully finiſhed, *Appollo* ſayd to them, hee well remembred their good ſervice, and willed them to demand any thing in reward thereof, and it ſhould be granted: they ſayd, miſerable man hath not power to eſchew the

the evill, or chuſe the good, and therefore they deſired him to give them the beſt thing might be given to man; and moſt profitable for man: *Apollo* ſayd they ſhould have their demands, then they at the Gates of the Temple fell downe dead, ſo the reward of their travels was to take them out of the miſery of this life. Saint EDVVARD, King of *England*, much reverenced Saint *Iohn*, & one day comming from *Weſtminſter*, from ſervice, a poore man came to him, and deſired him for Saint *Iohns* ſake, to give him ſomthing, the King gave to him his Ring off his finger, with in few days after, two Pilgrimes comming from *Ieruſalem*, with in two miles of it, met a poore man who asked them what Country men they were, the ſayd Engliſhmen,

liſhmen, hee then ſayd to them when you come home, I pray you tell King EDVVARD, that Saint *John* doth thanke him for the Ring hee gave for his ſake: and gave them a Ring, and deſired them to deliver it vnto the King, and tell him, that Saint *Iohn* ſent it him, and the richeſt gift that could bee given to man, that is, the twelfth day after the receit, thereof he ſhould be in heaven, the Pilgrims receiued the Ring, & departed: by and by they were ſo heavie they were inforced to ly downe and ſleep, when as they awaked, they found themſelves in another Country, and demanding of a Shepherd where they were, found they were in *Kent* in *England*, then they went to the King, being Chriſtmas Eeuen, and delivered the King the Ring

and

and the meſſage, which the King received, fell licke on Saint *Iohns* day, and died on twelfth day The *Greekes* had a cuſtome, that when they offered any Sacrifice the Prieſts and Officers of the Temple were carried, for if their feet touched the ground, they might not offer Sacrifice. It chanced that a holy Nun, of the Goddeſſe *Iuno*, going in her Chariot to the Temple, the beaſts that drew it died, when ſhe was ten miles from the Temple, which her two Sons *Cleobis* and *Biton*, ſeeing, and knowing that their Mother muſt not goe on foote & that there were no other beaſts to be gotten, yoked themſelves and drew the Chariot, with their Mother to the Temple: euery one praiſed them greatly for it, and ſayd, they deſerued to be recompenced

penced with great rewards. After the Feast ended, their Mother desiring to requite their kindnesse, with teares besought the goddesse *Iuno*, to give her children the best gifts the Gods could give to their Friends, which the Goddesse promised she would doe before the next morning: They going to sleepe at night, were the next morning both found dead, then their mother bitterly wept, and complained of the Goddesse; the Goddesse sayd, shee had no cause to complaine for shee had given her that shee did demaund and I haue at thy instance given thy Children (quoth shee) that which wee hold most deare which is Death? For the greatest reuenge we take of our enemies, is to let them live long, and the best thing wee can give to our friends.

freinds, is to make them dy quickly. For all of vs together taught King *Midas*, *Optimum eſt homini, aut non omninò naſci, aut quàm primùm mori*, it is the beſt thing for man, either never to be born, or dy very ſoone. We are here ſtrangers, & incloſed as priſoners in a Caſtle. but by death we ſhalbe freely delivered from thraldom, and goe to our owne Countrey Seeing then death is the beſt thing that can be given to man; let us haue a care to craue it, and live godly & vertuouſly, that we may ioyfully have it, to free us from this place of impriſonment and ſeate us in our everlaſting & heavenly Habitation: whither good Lord bring vs all, *Amen.*

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FINIS.



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have a longer space
to finish my reflections
of which humbly implore
both for Jesus Christ
his sake in whose name
& name I write

Bind. Khr. two togeth
in Calf